

2024 International Conference of Asia, Asia-Pacific, SAARC and Middle East Psychiatric Federations

'NEW FRONTIERS OF PSYCHIATRY'

01 - 02 June, 2024 • Intercontinental Hotel, Abu Dhabi, UAE

The conference is organised with SAARC Psychiatric Federation (SPF) & Reem Neuroscience Centre, Abu Dhabi.

CONFERENCE BOOK

Accredited for **16.0 European CME credits** (ECMEC®s) by the European Accreditation Council for Continuing Medical Education (EACCME®).



Accredited for **16.15 CME credits** by the Department of Health Abu Dhabi (DOH).

Supporting Organizations



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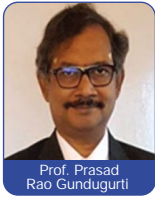
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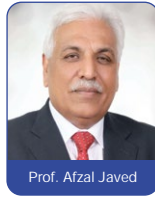
WELCOME MESSAGE FROM THE PRESIDENTS



Prof. Prasad
Rao Gundugurti



Prof. Gautam Saha



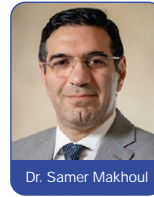
Prof. Afzal Javed



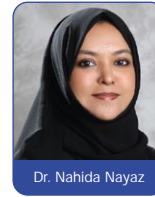
Prof. Medhat
Elsabbahy



Prof. Shehan
Williams



Dr. Samer Makhoul



Dr. Nahida Nayaz

Dear Distinguished Members of Psychiatric & Mental Health Fraternity,

It gives us great pleasure and happiness to welcome you all to the **2024 International Conference of Asia, Asia-Pacific, SAARC, and Middle East Psychiatric Federations "New Frontiers of Psychiatry"** We are honored to have you join us for this prestigious international congress being held on June 1-2, 2024, at the Intercontinental Hotel in the vibrant city of Abu Dhabi, United Arab Emirates.

We all agree that psychiatry is having rapid advances especially during the last decade, and during the Covid pandemic and post covid times, in Asia, Asia-Pacific and Middle East, we especially have responded with a great energy to fight the Mental Health consequences of this epidemic in variety of ways more uniquely in comparison to many western countries. We showed good resilience and have unique methods of coping and adopting newer ways to help our patients recover well.

It is now right time that we meet and discuss and update our knowledge and bring in new innovations. The theme of the conference is "frontiers in psychiatry" thus refers with a special relevance to our regions. Asian Federation of Psychiatric Association (AFPA), Southeast Asian Regional Psychiatric Federation (SPF) and various Middle East Psychiatric organizations have joined to organize this important conference. We are grateful to our local hosts who have always been famous for their hospitality and have organized several regional & international conferences with great success. Similarly, all organizing groups come with their key role in promoting mental health and have an expertise to organize many academic meetings in their respective regions.

The scientific programme will have workshops and advanced educational sessions along with plenary lectures, symposia, seminars and sessions for skill development and knowledge. World renowned experts will share their research in special state of the art sessions, and we would encourage young trainees in Psychiatry and allied specialties, early career psychiatrists, and medical students who have a special interest in Psychiatry & mental health for oral presentation of free papers, and poster presentations.

Moreover, this event serves as an ideal platform for fostering future academic and clinical collaborations, further strengthening the bonds within our professional community.

Abu Dhabi is indeed a lovely place with inspiring heritage, sightseeing with desert rides and a perfect holiday spot. Desert culture and middle east cuisine along with Asian food culinary tasting will be added attraction for many of us.

We look forward to a truly remarkable conference, offering a unique and enriching educational experience for all attendees.

Thank you for your participation and your active engagement.

Prof. Prasad Rao Gundugurti
 President, Asian Federation of Psychiatrists - AFPA

Prof. Gautam Saha
 Immediate Past President,
 SAARC Psychiatric Federation - SPF

Prof. Afzal Javed
 Immediate Past President,
 World Psychiatric Association - WPA

Prof. Medhat Elsabbahy
 President, Local Organizing Committee

Prof. Shehan Williams
 President,
 SAARC Psychiatric Federation - SPF

Dr. Samer Makhoul
 Consultant Psychiatrist,
 CEO Reem Neuroscience Centre,
 Abu Dhabi, UAE

Dr. Nahida Nayaz
 Consultant Psychiatrist,
 CMO SEHA Mental Health & Well-Being Services,
 Abu Dhabi, UAE

CONGRESS PRESIDENTS

Prof. Prasad Rao Gundugurti

President, Asian Federation of Psychiatrists-AFPA

Prof. Afzal Javed

Immediate Past President,
World Psychiatric Association - WPA

Prof. Shehan Williams

President, SAARC Psychiatric Federation - SPF

Dr. Nahida Nayaz

Consultant Psychiatrist,
CMO SEHA Mental Health and Well-Being Services,
Abu Dhabi, UAE

Prof. Gautam Saha

Immediate Past President,
Saarac Psychiatric Federation - SPF

Prof. Medhat Elsabbahy

President, Local Organizing Committee

Dr. Samer Makhoul

Consultant Psychiatrist,
CEO Reem Neuroscience Centre, Abu Dhabi, UAE

CONFERENCE CHIEF ADVISORS

- Prof. Norman Sartorius, Switzerland
- Prof. Naotaka Shinfuku, Japan

ADVISORY BOARD

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- Prof. Nova Riyanti Yusuf, Indonesia
- Prof. Ng Roger, Hong Kong
- Prof. Rene M. Samaniego, Philippines
- Prof. Samudra Kathriarachchi, Sri Lanka

SCIENTIFIC COMMITTEE

- Prof. Gautam Saha
- Prof. Medhat Elsabbahy
- Prof. Gundugurti Prasad Rao
- Prof. Sheehan Williams
- Prof. Dr. Saroj Prasad Ojha
- Prof. Dr. Dhana Ratna Shakya
- Prof. Tamer Metwaly, Abu Dhabi, UAE
- Prof. Abdul Naser Arida, Abu Dhabi, UAE
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- Prof. Aleem Siddiqui, India
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- Prof. Ranjan Bhattacharjee, India
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- Prof. Vinay Lakra, Australia
- Prof. Akiyama Tsuyoshi, Japan
- Prof. Malcolm Hopwood, Australia
- Prof. Bong Buenaventra, Philippines
- Prof. Takahiro Kato, Japan
- Prof. Yongyud Wongpironsarn, Thailand
- Prof. Nor Zuraida Zainal, Malaysia
- Prof. I Saratchandra, India
- Prof. Swetha Reddy Sannareddy, India
- Prof. Kareem Abdel Aziz, UAE
- Prof. Syed Javaid, UAE
- Prof. Leena Amiri, UAE
- Prof. Joseph El-Khoury, Lebanon
- Prof. Mona Alrakhawy, Egypt

INTERNATIONAL ORGANIZING COMMITTEE

- Prof. Gundugurti Prasad Rao, India
- Prof. Samer Makhoul, UAE
- Prof. Lakshmi Kanth Rathi, India
- Prof. Roger Man Kin NG, Hong Kong SAR, China
- Prof. Thomas Schulze, Germany
- Prof. Michel Botbol, France
- Prof. Paul Summergrad, USA
- Prof. Ghulam Rasool, Pakistan
- Prof. Khalid Mufti, Pakistan
- Prof. Ali Mufti, Pakistan
- Prof. Tarek Okasha, Egypt
- Prof. Ahsan Nazeer, Qatar
- Prof. Lakshmi Vijaykumar, India
- Prof. Alaa Haweel, Abu Dhabi, UAE
- Prof. Mohamed Gamal Mousa, Abu Dhabi, UAE
- Prof. Mufeed M.S. Raouf, Dubai, UAE
- Prof. Talaat Matar, RAK, UAE
- Prof. Nawfel Ayad, UAE
- Prof. Nael Mostafa, UAE
- Prof. Ahmed Al Uzair, UAE
- Prof. Mrugesh Vaishnav, India
- Prof. Shiv Gautham, India
- Prof. Mohan Issac, Australia
- Prof. Muhammad Iqbal Afridi, Pakistan
- Prof. Imtiaz Dogar, Pakistan
- Prof. Ali Burhan, Pakistan
- Prof. Mohamed Khaled, KSA
- Prof. Nor Zuraida Zainal, Malaysia
- Prof. Adrian James, UK
- Prof. Oleg Alekseevich Skugarevsky, Belarus
- Prof. Rajesh Nagpal, India
- Prof. Anees Ali, Dubai, UAE
- Prof. Mysore S. Renuka Prasad, Canada
- Prof. Bernardo Ng, USA
- Prof. Thelma Sánchez-Villanueva, Mexico
- Prof. Venugopal Jhanwar, India
- Prof. Saul Levin, USA
- Prof. Gisèle Apter, France
- Prof. Rajiv Tandon, USA
- Prof. Alka Subhramanyam, India
- Prof. Sarvada Tiwari, India
- Prof. Sandeep Grover, India
- Prof. Winston Shen, Taiwan
- Prof. BRIG Aziz Islam, Bangladesh
- Prof. Bong Buenventura, Philippines
- Prof. Sheehan Williams, Srilanka
- Prof. Nova Riyanthi Yousof, Indonesia
- Prof. Samia Abul Abdullah Alkhoori, UAE
- Prof. Yongyud Wongpiromsan, Thailand
- Prof. Diah Utah, Indonesia
- Prof. Chawanun C, Thailand
- Prof. Andi Jayalangkara Tanra, Indonesia
- Prof. Naomi McDonald, Australia
- Prof. Samudra katriachi, Srilanka
- Prof. Shigenbo Kanba, Japan
- Prof. Abdul Majeed, India
- Prof. T Padma Sudhakar, India
- Prof. Pramod Kumar, India
- Prof. Roop Sidhana, India
- Prof. T S Satyanarayana Rao, India
- Prof. Nirmal Lamichene, Nepal
- Prof. Saroj Prasad Ojha, Nepal
- Prof. Neena Rai, Nepal
- Prof. Sudershan Pradhan, Nepal
- Prof. Indla Ramasubba Reddy, India
- Prof. Assad Nizami, Pakistan
- Prof. Imran Ijaz Haider, Pakistan
- Prof. O P Singh, India
- Prof. Jayanta Das, India
- Prof. Sayuri Perira, Srilanka
- Prof. MS Reddy, India
- Prof. Amine Larnaout, Tunisia
- Prof. Mahdi Saed Abumadini, Saudi Arabia
- Prof. Aida Sylla
- Prof. Juliet Nakku
- Prof. Pichet Udomratn, Thailand
- Prof. Yong Chon Park, Korea
- Prof. Allister Bush, New Zealand
- Prof. Chawanun C, Thailand
- Prof. Kamonporn Wannarit, Thailand
- Prof. Naresh Vadlamani, India
- Prof. P Kishen, India
- Prof. Minhaz Naseerabadi, India
- Prof. Thirunavukarasu Manickam, India
- Prof. Majid Abidi, Pakistan
- Prof. Wajid Ali Akhonzada, Pakistan
- Prof. Mohamed A. Alnor, Sudan

5 GREAT REASONS TO ATTEND:



ACCESS
 a best-in-class program in
 mental health rehabilitation
 delivered by experts in the field



ASK
 questions,
 challenge thinking



LEARN
 new frameworks and skills
 that can be implemented
 in your organisation



JOIN
 a community of
 change makers
 working to build
 a better world



EXPERIENCE
 incredible networking
 opportunities

CONFERENCE OBJECTIVES

- Review the latest evidence and best practices for the management and treatment of different issues related to psychosocial rehabilitation.
- Describe fundamentals of quality improvement strategies for mental health disorders.
- Evaluate and diagnose a selected group of common mental illness using the most updated evidence-based tools and apply it appropriately to fit regional special needs.
- Review practical real-life cases and pitfalls in various sub-specialties.
- Examine solutions to real-world clinical problems through case-based learning sessions
- Review current treatment guidelines and how to utilize them in clinical practice.
- Provide insight into patient needs and experiences and improve clinical practice.
- Apply new knowledge in the diagnostic and therapeutic modalities presented in selected topics
- Formulate an appropriate approach that is suitable for local experiences in some of the controversial issues in adults and old aged with mental health disorders
- Perform hands-on workshops given by world-leading experts and tutors in psychosocial rehabilitation and Mental Health Disorders.

TARGET AUDIENCE

This activity is designed to meet the needs of:

- Psychiatrists
- Psychologists
- Neurologists
- Occupational Therapists
- Physical Therapists
- Speech Therapists
- Social Workers
- Counsellors
- General Practitioners
- Family Physicians
- Residents & Fellows
- Pharmacists
- Clinical Nurses
- Geriatrics physicians
- Aged care Providers
- Researchers
- Policy Makers, Government, Academia & Other Mental Health Professionals



CME ACCREDITATION

The 2024 International Conference of Asia, Asia-Pacific, SAARC, and Middle East Psychiatric Federations, themed "New Frontiers of Psychiatry" has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) for **16.0 European CME credits (ECMEC®s)**.

The 2024 International Conference of Asia, Asia-Pacific, SAARC, and Middle East Psychiatric Federations, themed "New Frontiers of Psychiatry" has been accredited by the Department of Health - Abu Dhabi (DOH) for **16.15 DOH CME credits**.

DAY 1, Saturday 01 June 2024 is accredited for 8.00 CME Hours
DAY 2, Sunday 02 June 2024 is accredited for 8.00 CME Hours

DAY 1, Saturday 01 June 2024 is accredited for 7.15 CME Hours
DAY 2, Sunday 02 June 2024 is accredited for 9.00 CME Hours

CERTIFICATE OF ATTENDANCE

- A notification containing the link and instructions on how to download the certificates will be sent to your registered email address.
- Please note that you are required to complete the online evaluation of the conference before you can access the link to download your CME certificates. It is your responsibility to download and retain a copy of the certificate for your records.
- Each medical specialist should claim only those credits that he/she actually spent in the educational activity.

GENERAL INFORMATION

VENUE

InterContinental® Abu Dhabi offers a captivating the iconic heritage and culture. This five-star hotel invites you to the award-winning restaurants, private beach front, swimming pools, premium wellness facilities, spacious guest rooms bathed in panoramic park and marina views along with unique conferences and events venues, luxurious Club InterContinental lounge and with near proximity to Abu Dhabi's Sheikh Zayed Mosque, Louvre Museum and Qasr Al Watan.

NAME TAGS

Participants are required to wear their name tags throughout the meeting in order to be admitted to the lecture halls and other scheduled activities.

REFRESHMENTS AND LUNCH

Refreshments and lunch will be offered in accordance with the breaks indicated on the Agenda.

INTERNET

Free internet will be available in the exhibition area during the conference.

MOBILE PHONES AND PHOTOGRAPHY

Participants are kindly requested to keep their mobile phones in silent mode in the conference hall and refrain from taking photographs during sessions.



SPEAKERS



Prof. Muhammad Afzal Javed
 Past President World Psychiatric Association
 Honorary Professor Institute of Applied Health Research
 University of Birmingham, UK



Prof. Prasad Rao Gundugurti
 President, Asian Federation of Psychiatrists - AFPA
 Consultant Psychiatrist
 Director, Schizophrenia & Psychopharmacology Division,
 Asha Hospital, Hyderabad, India



Prof. Medhat Elsabbahy
 President, Local Organizing Committee
 Chair, Section on Psychiatric Rehabilitation WPA
 Consultant Psychiatrist, Reem Neuroscience Centre
 Head of Psychiatric Rehabilitation Division,
 Arab Federation of Psychiatrists
 Founder of Psychiatric Rehabilitation Unit
 Abu Dhabi, UAE



Prof. Gautam Saha
 Immediate Past President,
 SAARC Psychiatric Federation (SPF)
 Director, Clinic Brain Neuropsychiatric Institute &
 Research Centre, Kolkata, India



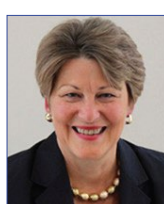
Prof. Shehan Williams
 President of SAARC Psychiatric Federation
 Professor in Psychiatry
 Faculty of Medicine, University of Kelaniya,
 Sri Lanka



Dr. Nahida Nayaz Ahmed
 Consultant Psychiatrist
 Chair of BH Council- SEHA
 Chair of MH Taskforce- DOH
 Ambulatory Health Services
 UAE



Dr. Samer Makhoul
 Consultant Psychiatrist
 CEO Reem Neuroscience Centre
 Abu Dhabi, UAE



Jennifer Gray
 Director
 Child and Family Training
 UK



Prof. Dr. Johannes Wancata
 Psychiatrist, Researcher
 Medical Univ. Vienna; Division Social Psychiatry
 Austria



Prof. Rajiv Tandon
 Professor
 Homer Stryker Western Michigan School of Medicine
 USA



Prof. Ahsan Nazeer
 Associate Professor, Psychiatry
 Weill Cornell Medicine, NY, USA
 Sidra Medicine, Qatar



Dr. Dimitre Tanev Dimitrov
 Consultant
 Department of Dermatology,
 Sheikh Khalifa Medical City
 Abu Dhabi, UAE



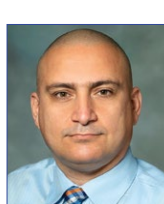
Dr. Samaa El Abd
 Consultant Neuropsychiatrist
 Happiness Clinic, Dubai
 Cromwell Hospital, UK



Prof. Abdelazim Mohamed Mabrouk Ali
 Consultant pediatrician and
 clinical Associate Professor
 Mediclinic Al Madar
 Al Ain, UAE



Prof. Andi Jayalangkara Tanra
 President of Indonesian Psychiatric Association
 Mental Hospital Dadi Makassar, Indonesia
 Indonesia



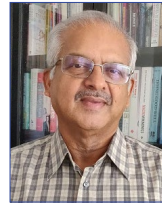
Dr. Nawfel Ayad
 Consultant Psychiatrist
 Reem Neuroscience Center
 Abu Dhabi, UAE



SPEAKERS



Prof. Heba Ibrahim Abd Elrazek Essawy
 Prof of Psychiatry, Head of Eating Disorders clinics,
 MD, Psychiatry. Certified Eating Disorders specialist,
 USA, Diploma of Psychiatric practice London University UK.
 Medical School Ain Shams university
 Cairo, Egypt



Prof. Mohan Isaac
 Clinical Professor of Psychiatry
 Fremantle Hospital
 Australia



Prof. Parag Suresh Shah
 Professor & Head, Department of Psychiatry
 Surat Municipal Institute of Medical Education &
 Research, Surat, India



Dr. Reham Aly
 Consultant psychiatrist
 Ministry of Health Egypt
 Cairo - Egypt



Dr. Deepak Raheja
 Senior Psychiatrist,
 Director Hope Care India
 President IAPP (Delhi Chapter)
 Hope Care India, India



Dr. Nisreen Yacoub Muhammad
 Associate professor
 Psychology Department
 King Abdulaziz university
 KSA



Prof. Sandeep Grover
 Prof of Psychiatry
 PGIMER
 Chandigarh, India



Prof. Dr. Sobia Aftab
 Professor of Clinical Psychology
 Institute of Clinical Psychology,
 University of Karachi
 Pakistan



Dr. T.M. Omprakash
 Consultant Anaesthesiologist
 Asha Hospital & L V Prasad Eye Institute
 Hyderabad, India



Dr. Rajesh Sudarshan Nagpal
 Director
 Manobal Klinik
 India



Dr. Joseph El-Khoury
 Consultant Psychiatrist/Medical Director
 The Valens Clinic,
 Dubai, United Arab Emirates



Dr. Swetha Reddy S
 Consultant Psychiatrist
 Asha Hospital
 India



Dr. Laith Taye Hasan Aljarrah
 Medical Center Director / Consultant Psychiatrist
 King Hussein Medical Center
 Jordan



Dr. Walid Abdelgalil Abdelaziz Nasr
 Consultant Psychiatrist
 Al Amal Psychiatric hospital- EHS
 Dubai- UAE



Prof. Talaat Matar Tadross
 Professor of Psychiatry
 RAK Medical and Health science university
 Consultant psychiatrist, RAK hospital
 Ras Al Khaimah, UAE



Dr. Chytanya Deepak Ponangi
 Consultant Psychiatrist
 Asha Hospital
 India



SPEAKERS



Prof. Dr. Maha Sulaiman Younis
 Professor of psychiatry
 College of Medicine, University of Baghdad
 Iraq



Prof. Enas Attia Saadeldin Attia
 Professor / Consultant Dermatology
 Ain Shams University/ AHS, SEHA, Abu Dhabi
 Egypt/UAE



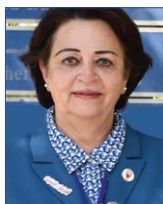
Dr. Sota Kyuragi
 Graduate student
 Clinical psychiatrist
 Kyushu University, Japan



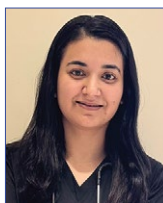
Dr. Radhakanth Chunduri
 Senior Consultant Psychiatrist
 Apollo Hospitals Health City
 Visakhapatnam, India



Manaal Siddiqui
 Medical Student
 Weill Cornell Medicine
 Qatar



Prof. Charlotte Awad Kamel Awad
 Professor of Psychiatry
 The Royal college of Surgeons of Ireland
 Medical university of Bahrain
 Manama, Kingdom of Bahrain



Dr. Riya Gupta
 MD, DNB Psychiatry
 LN Medical College and JK Hospital
 Bhopal, India



Sara Abdulrahman Ahmad Alansaari
 Research Specialist
 Department of Community Development
 Abu Dhabi, UAE



Dr. Michael Youssef Gerges Youssef Aoud
 Specialist psychiatrist
 National Rehabilitation Center
 Abu Dhabi, UAE



Prof. Tareq Qassem
 Adjunct Professor of Clinical Psychiatry,
 Consultant Psychiatrist
 Maudsley Health, Al Amal Hospital
 Dubai, UAE



Prof. Dr. Uzma Ali
 Professor/Director
 Institute of Clinical Psychology,
 University of Karachi
 Karachi, Pakistan



Dr. Roop Sidana
 Clinical Director
 Tekchand Sidana memorial psychiatric hospital
 India



Ms. Amna Tariq
 Clinical psychologist
 Aga Khan University and Hospital
 Pakistan



Dr. Sheena G Soman
 Consultant Psychiatrist, Deaddiction Centre in Charge
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Dr. Surabhi Sharma
 Senior Resident (Psychiatry)
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Dr. Vidya K L
 Assistant Professor, Geriatric Mental Health
 King George's Medical University,
 Lucknow, India



SPEAKERS



Dr. Bushra Zahoor
 Assistant Professor
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Dr. Zahraa Almousawi
 Psychotherapist
 Aljadad Psychotherapy center
 Alkuwait, Kuwait



Dr. Mohamed Elsadig M. Elhassan M. Elkhair
 Psychiatry Resident
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 Dubai, UAE



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 Assistant Professor, Department of Psychiatry.
 BGS Global Institute Of Medical Science, Bengaluru,
 Karnataka, India



Dr. Debanjan Banerjee
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 Apollo Multispecialty Hospitals,
 Kolkata, India



Dr. Sandeep Kondepi
 Consultant Psychiatrist and Deaddiction Specialist
 Asha Hospital
 India



Dr. Marwa Tawfik
 Prof of Psychology
 Ain Shams University
 Egypt



Dr. Harischandra Gambhera
 Consultant Psychiatrist
 Nawaloka Hospital
 Sri Lanka



Prof. Dr. Mahir Khalil Ibrahim Jallo
 Clinical Professor &
 Consultant Endocrinologist
 Gulf Medical University &
 Thumbay University Hospital
 UAE



Prof. Indira Sharma
 Emeritus Professor of Psychiatry,
 National Academy of Medical Sciences
 Former Professor of Psychiatry at Sir Sunderlal Hospital,
 Banaras Hindu University,
 Uttar Pradesh, India



Prof. Mohamed Abdalhameed Alnor
 Consultant Psychiatrist,
 Associate Prof. of Psychiatry
 American center for Psychiatry and Neurology
 UAE



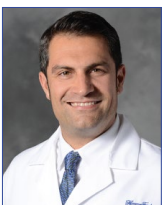
Dr. Deepali Gul
 Professor of Psychiatry
 Punjab Institute of Medical Sciences
 India



Dr. Gulbahar Singh Sidhu
 Consultant Psychiatrist
 Doaba Hospital
 India



Dr. Armen Soghoyan
 President, Armenian Psychiatric Association
 Secretary for Scientific Sections, WPA
 Associate Professor, YSMU after M. Heratsi
 Yerevan, Armenia



Prof. Brian K. Ahmedani
 Director / Senior Scientist
 Henry Ford Health
 USA



Prof. Dr. Wajid Ali Akhuzada
 Professor of Psychiatry and Behavioral Sciences
 Hayatabad Medical Complex Hayatabad Peshawar Pakistan
 Pakistan

SPEAKERS



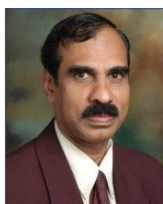
Dr. Bassem Badr
Consultant Psychiatrist, Head of Psychiatry Department
Mediclinic Dubai mall and Mediclinic Parkview
Dubai, UAE



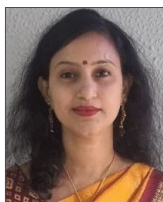
Dr. Raga Sandhya Gandhi
Specialist Psychiatrist
Zulekha Hospital
Dubai, UAE



Stephen Pizzey
Social Work Consultant
Director of Child and Family Training Organisation
United Kingdom



Dr. T.S. Sathyanarayana Rao
Professor Emeritus & Chief Coordinator in
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JSS Academy of Higher Education and Research
Mysore, India



Dr. Khyati Bhavin Mehtalia
Founder and Consultant Psychiatrist
Sakhi Women's Mental Health and
Child Guidance Clinic
India



Prof. Farouk Mohamad Saada Majzoub
Professor Emeritus
Professor of Clinical Intercultural Psychology
Doctoral School of the Lebanese University,
Lebanon



Prof. Pratap Rao Chokka
Founder
The Chokka Center
Canada



Dr. Fatima Ali Mazahir
Board-certified Pediatrician and Lactation Consultant
Al Jalila Children's Specialty Hospital-Dubai Health
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Dr. Snehasree Neogy
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Apollo Multispecialty Hospitals Kolkata
India



Dr. Mohamed Youssef Aly Abuzied
Professor of Psychiatry Faculty of Medicine
Ain Shams University
Kuwait Centre for Mental Health
Kuwait



Dr. Laxmikant Gowardhandasji Rathi
President, Indian Psychiatric Society
Gowardhan Hospital, Ambapeth Near Rajkamal Bridge,
Amravati, India



Prof. Muhammad Nasar Sayeed Khan
Professor of Psychiatry
Queens University,
Kingston, Canada



Dr. Aisha Abubakr Alyassi
Medical intern
University of Sharjah
UAE



Prof. Khalid Attaullah Mufti
CEO Ibadat Hospital
Ibadat Hospital Peshawar
Pakistan



Dr. Jose Antonio Campos Perez
Consultant Psychiatrist
University Hospital Complex of Vigo
Spain



Dr. E. Mohandas
Consultant Psychiatrist,
Sun Medical & Research Centre, Trichur, Kerala;
Director & Prof. International Institute of
Organizational Psychological Medicine
Kerala, India



SPEAKERS



Dr. Raja Anirudh Yalamanchili
Board of Director
Venkateshwara Institute of Psychiatry
India



Dr. Radwa Said Abdelazim Elfeqi
Psychiatry Consultant and creative arts therapist
Cairo University- Faculty of Medicine
Egypt



Dr. Bhaskar Mukherjee
Senior Consultant and Academic Tutor
Neuron Complete Brain Clinic/
ILS Group of Hospitals
India



Dr. Rahat Ghazanfar
Preventive Medicine Consultant
Cleveland Clinic
Abu Dhabi, UAE



Dr. C. Ramasubramanian
Vice- President – Southeast Asia Region - WAPR
State Nodal Officer
Police Wellbeing Programme
Tamilnadu, India



Dr. Era Catur Prasetya
Head Of International Affair Indonesia Psychiatrist Association
Universitas Muhammadiyah Surabaya /
RS Muhammadiyah Lamongan
Indonesia



SESSION CHAIRS



Prof. Muhammad Afzal Javed
 Past President World Psychiatric Association
 Honorary Professor Institute of Applied Health Research
 University of Birmingham, UK



Prof. Prasad Rao Gundugurti
 President, Asian Federation of Psychiatrists - AFPA
 Consultant Psychiatrist
 Director, Schizophrenia & Psychopharmacology Division,
 Asha Hospital, Hyderabad, India



Prof. Medhat Elsabbahy
 President, Local Organizing Committee
 Chair, Section on Psychiatric Rehabilitation WPA
 Consultant Psychiatrist, Reem Neuroscience Centre
 Head of Psychiatric Rehabilitation Division,
 Arab Federation of Psychiatrists
 Founder of Psychiatric Rehabilitation Unit
 Abu Dhabi, UAE



Prof. Gautam Saha
 Immediate Past President,
 SAARC Psychiatric Federation (SPF)
 Director, Clinic Brain Neuropsychiatric Institute &
 Research Centre, Kolkata, India



Prof. Shehan Williams
 President of SAARC Psychiatric Federation
 Professor in Psychiatry
 Faculty of Medicine, University of Kelaniya,
 Sri Lanka



Dr. Nahida Nayaz Ahmed

Consultant Psychiatrist
 Chair of BH Council- SEHA
 Chair of MH Taskforce- DOH
 Ambulatory Health Services
 UAE



Dr. Samer Makhoul
 Consultant Psychiatrist
 CEO Reem Neuroscience Centre
 Abu Dhabi, UAE



Dr. Fatema Almansouri

Consultant Psychiatrist
 Founder - Halek Lahamek
 CEO - New Beginnings
 UAE



Dr. Samaa El Abd
 Consultant Neuropsychiatrist
 Happiness Clinic, Dubai
 Cromwell Hospital, UK



Prof. Karredla Ashok Reddy
 Professor and Head of Department-Psychiatry
 S V S Medical College
 India



Prof. Dr. Wajid Ali Akhunzada
 Professor of Psychiatry and Behavioral Sciences
 Hayatabad Medical Complex Hayatabad Peshawar Pakistan
 Pakistan



Dr. Pavan Kumar Kulkarni
 Professor of Psychiatry
 Chalmeda Anand Rao Institute of Medical Sciences, Karimnagar
 India



Prof. Muhammad Nasar Sayeed Khan
 Professor of Psychiatry
 Queens University,
 Kingston, Canada



Prof. Mamdouh Mokhtar Ali Sayed Ahmed Afify
 Clinical Psychologist
 Dubai Medical Center / Beautiful Mind Medical Center
 UAE



Dr. Amrit Pattojoshi
 Professor in Dept of Psychiatry
 HiTech Medical College & Hospital,
 Bhubaneswar, India



Dr. Sherif Hassan Sherif
 Consultant Psychiatrist
 American Center for Psychiatry and Neurology
 UAE



SESSION CHAIRS



Dr. Roop Sidana
 Clinical Director
 Tekchand Sidana memorial psychiatric hospital
 India



Dr. Salwa Salem Khalaf AlHosani
 First UAE National Consultant child and adolescent psychiatrist
 Sheikh Khalifa Medical City
 Acting Medical director of Sakina Abu Dhabi Region
 Abu Dhabi, UAE



Dr. Tamer Metwally Hassanein
 Consultant Psychiatrist
 Chief Medical Officer
 Reem Neuroscience Centre
 Abu Dhabi, UAE



Dr. Manaswi Gautam
 Director & Consultant Psychiatrist
 Gautam Hospital and Research Centre
 India



Dr. Amnah Khameis Almesmari
 Specialist Psychiatrist
 Al Dhafra Hospitals
 Abu Dhabi, UAE



Dr. Deepak Raheja
 Senior Psychiatrist,
 Director Hope Care India
 President IAPP (Delhi Chapter)
 Hope Care India, India



Dr. Joseph Guirguis
 Consultant Psychiatrist
 American Center for Psychiatry and Neurology
 Abu Dhabi, UAE



Dr. Rajesh Sudarshan Nagpal
 Director
 Manobal Klinik
 India



Dr. E. Mohandas
 Consultant Psychiatrist,
 Sun Medical & Research Centre, Trichur, Kerala;
 Director & Prof. International Institute of
 Organizational Psychological Medicine
 Kerala, India



Prof. Andi Jayalangkara Tanra
 President of Indonesian Psychiatric Association
 Mental Hospital Dadi Makassar, Indonesia
 Indonesia



Dr. Muez Mohamed Ahmed Siddiq
 Consultant Psychiatrist
 Mediclinic Hospital – Airport Road
 Abu Dhabi, UAE



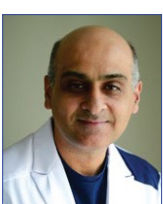
Dr. Radhakanth Chunduri
 Senior Consultant Psychiatrist
 Apollo Hospitals Health City
 Visakhapatnam, India



Dr. Saqib Latif
 Consultant Child & Adolescent Psychiatrist
 Maudsley Health
 Abu Dhabi, UAE



Dr. Swetha Reddy S
 Consultant Psychiatrist
 Asha Hospital
 India



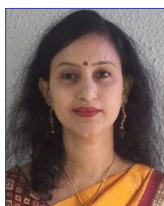
Prof. Ahsan Nazeer
 Associate Professor, Psychiatry
 Weill Cornell Medicine, NY, USA
 Sidra Medicine, Qatar



Dr. Chytanya Deepak Ponangi
 Consultant Psychiatrist
 Asha Hospital
 India



SESSION CHAIRS



Dr. Khyati Bhavin Mehtalia
 Founder and Consultant Psychiatrist
 Sakhi Women's Mental Health and
 Child Guidance Clinic
 India



Dr. Harischandra Gambhera
 Consultant Psychiatrist
 Nawaloka Hospital
 Sri Lanka



Dr. Sajeewana Chaminda Amarasinghe
 Consultant Psychiatrist
 National Institute of Mental Health
 Sri Lanka



Dr. Laith Teye Hasan Aljarrah
 Medical Center Director / Consultant Psychiatrist
 King Hussein Medical Center
 Jordan



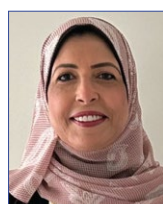
Prof. Parag Suresh Shah
 Professor & Head, Department of Psychiatry
 Surat Municipal Institute of Medical Education &
 Research, Surat, India



Dr. Dimitre Tanev Dimitrov
 Consultant
 Department of Dermatology,
 Sheikh Khalifa Medical City
 Abu Dhabi, UAE



Prof. Heba Ibrahim Abd Elrazek Essawy
 Prof of Psychiatry, Head of Eating Disorders clinics,
 MD., Psychiatry. Certified Eating Disorders specialist,
 USA, Diploma of Psychiatric practice London University UK.
 Medical School Ain Shams university
 Cairo, Egypt



Prof. Afaf Mansour Mahfouz
 Consultant and head of psychiatry department
 Mediclinic Airport Road hospital
 UAE



Dr. Safana Hasan AlFardan
 Specialist Psychiatrist
 Sheikh Khalifa Medical City
 Abu Dhabi, UAE



Dr. Walid Abdelgalil Abdelaziz Nasr
 Consultant Psychiatrist
 Al Amal Psychiatric hospital- EHS
 Dubai- UAE



Prof. Dr. Maha Sulaiman Younis
 Professor of psychiatry
 College of Medicine, University of Baghdad
 Iraq



Prof. Majid Ali Abidi
 Professor of Psychiatry
 The Brain Clinic Karachi
 Pakistan



Prof. Dr. Vishal Akula
 Professor & HOD
 Department Of Psychiatry
 Govt. Medical College
 Telangana, India



Dr. Mohamed Gamal Mousa
 Consultant Psychiatrist
 Beautiful Mind Medical Center
 Abu Dhabi, UAE



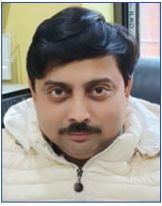
Dr. Phanikanth Kondaparthi
 Associate Professor
 Osmania Medical College
 India



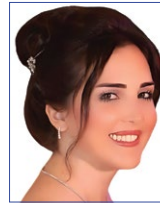
Dr. Laxmikant Gowardhandasji Rathi
 President, Indian Psychiatric Society
 Gowardhan Hospital, Ambapeth Near Rajkamal Bridge,
 Amravati, India



SESSION CHAIRS



Prof. Ranjan Bhattacharyya
Professor & Visiting Psychiatrist
Ruby General Hospital & Medica Superspeciality Hospital,
Kolkata, India



Dr. Christina Aramouny
Child and Adult Psychiatrist
Beautiful Mind Medical Center
Abu Dhabi, UAE



Dr. Debanjan Banerjee
Consultant Neuropsychiatrist
Apollo Multispecialty Hospitals,
Kolkata, India



Dr. Abhay Dey
Consultant Psychiatrist
RKMS, Kolkata
India



Dr. Nael Moustafa Hassan Mohamed
Consultant Psychiatrist
Reem Neuroscience Center
Abu Dhabi, UAE



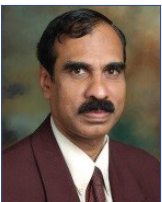
Dr. C. Ramasubramanian
Vice- President – Southeast Asia Region - WAPR
State Nodal Officer
Police Wellbeing Programme
Tamilnadu, India



Dr. Padmakali Kar
Senior Consultant Psychiatrist
Visiting Psychiatrist NNC, Peerless Hospital
Chief Psychiatrist, Rista Foundation
India



Prof. Khalid Attaullah Mufti
CEO Ibadat Hospital
Ibadat Hospital Peshawar
Pakistan



Dr. T.S. Sathyanarayana Rao
Professor Emeritus & Chief Coordinator in
Psychosexual Medicine
JSS Academy of Higher Education and Research
Mysore, India



MASTER OF CEREMONY



Dr. Mufeed M.S. Raouf
Consultant Psychiatrist,
Sulaiman Al Habib Hospital,
Dubai, UAE



Dr. Bassam Dheyaa
Specialist Adult Psychiatrist
The Valens Clinic
Dubai, UAE



ABSTRACT PRESENTATIONS

1. Influence of Smartphone Addiction & Behavioral Type of Smartphone Use on Developing Anxiety Among High School Students
Dr. Mohamad Monif Assker
Medical Intern,
Sheikh Khalifa Medical City,
Abu Dhabi, UAE

2. Differential primary care psychiatry quotient: Is it a meaningful indicator of deeper integration of psychiatric care among primary care doctors?
Dr. Manjunatha Narayana Naik
Additional Professor of Psychiatry
NIMHANS, Bengaluru, India India

3. Assessing The Influence of Smartphone Addiction and Behavioral Type of Smartphone Use on Developing Anxiety Among UAE High School Students
Dr. Mahmoud Odwan Subhi Jaber
Intern doctor,
Emirates Health System, UAE

4. Exploring Autoimmune Antibody Dynamics and HRV Responses Pre and Post a 5-Minute Exercise Stress Test: A Comparative Study of Long COVID and ME/CFS Patients.
Dr. Christof Peter Ziaja
Science and Rehabilitation
Institute Prof Stark and UKE Hamburg, Germany

5. Examining mechanisms of Neuromuscular Fatigue in Long COVID Patients: A Multidimensional Analysis
Dr. Christof Peter Ziaja
Science and Rehabilitation
Institut Prof Stark and UKE Hamburg, Germany

6. Skin Deep: An overlap of delusions
Dr. Khulood Abdulraouf Almarzooqi
Dermatology Resident
Sheikh Khalifa Medical City,
Abu Dhabi, UAE

7. Obsessive disorder
Mrs. Esraa ALM. Aldeen Habib Allah
Registered Nurse,
Private sector, KSA

8. Aripiprazole and Haloperidol: A Case of Drug Interaction in a Schizophrenic Patient
Dr. Rihab Farooq Ahmed
Psychiatry resident PGY1,
Al Amal hospital, Dubai, UAE

9. The Relationship Between Marriage silence and psychosomatic disorders Among partners in the Kingdom of Bahrain - The first Bahraini study that combines the family and psychological aspects
Ms. Nada Naseem Mohammed Abdulrahman
Psychological and family specialist
Bahrain Polytechnic University,
Kingdom of Bahrain

10. Psychotherapy: A powerful tool in resolving a case of dissociative neurological symptom disorder in a young male
Dr. Sahil Goyal
Senior Resident, Dept. of Psychiatry
Maharishi Markandeshwar University,
Sadopur, India

ABSTRACT PRESENTATIONS

11. Cannabis Induced Psychosis converting to Schizophrenia: A meta-analysis
Mr. Mohammad Saad Javed
Final Year Medical Student,
Weill Cornell Medicine, Qatar

12. Mental Health Problems among children in UAE
Dr. Fathima Zubair
Intern Doctor,
Sheikh Khalifa Medical City,
Abu Dhabi, UAE

13. Corneal Nerve Abnormalities in Schizophrenia and Major Depressive Disorder: Neuro-ophthalmological insights
Ms. Laila Tarek Khalil
Medical Student,
Weill Cornell Medicine - Qatar (WCM-Q) Qatar

14. Advancing Patient-Centric Care: The Impact of a Comprehensive Bio-Psycho-Social Model with Contingency Management in Substance Use Disorder Treatment
Ms. Sundas Sohail Khan
Clinical Psychologist/Focal Point,
Psychology Unit
Umm Salal Treatment And Rehabilitation Center, Qatar

15. Aetiology & Clinical Features of Delirium: An Observational Study
Dr. Shobhit Mathur
Junior Resident,
Mahatma Gandhi Institute of Medical Sciences,
Sevagram, Wardha, India

16. Behind the Prescription: Mapping Antidepressant Interactions and Adverse Drug Reactions
Prof. Sathvik Belagodu Sridhar
Associate Dean & Professor/ Academic
RAK Medical and Health Sciences University, UAE

07:30 – 08:30 Registration

08:30 – 09:00 Welcome and Introduction

SESSION 1:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|---|---|---|
| <p>Chairs: Prof. Muhammad Nasar Sayeed Khan Canada</p> <p>09:00 – 09:30 Spiritual Coping and Religious Contexts: Facilitators for the Indonesian EMT 2 Team's Adaptation and Service Delivery in the Turkey Earthquake Response Dr. Era Catur Prasetya Indonesia</p> | <p>Chairs: Prof. Karredla Ashok Reddy India, Dr. Amrit Pattojoshi India</p> <p>09:00 – 09:30 Suicide Prevention in Asia Zero suicide- Asian initiative Prof. Brian K Ahmedani USA</p> | <p>Chairs: Dr. Samaa El Abd UK, Dr. Christina Armouny UAE</p> <p>09:00 – 13:15 Workshop on parenting, abusive or neglectful behavior English - Arabic Dr. Samaa El Abd UK, Jennifer Gray UK, Stephen Pizzey UK</p> |
| <p>Chairs: Dr. Laxmikanth Rathi India, Prof. Ranjan Bhattacharyya India</p> <p>09:30 – 10:00 Plenary lecture- Choosing appropriate antidepressants Dr. E. Mohandas India</p> | <p>Chairs: Prof. Karredla Ashok Reddy India, Dr. Amrit Pattojoshi India</p> <p>09:30 – 10:00 AI and suicide prevention Dr. Rajiv Tandon USA</p> | |
| <p>10:00 – 10:30 OFFICIAL INAUGURATION</p> | | |
| <p>10:30 – 11:00 Janssen Symposium (Unaccredited) PPLATs Journey: Charting our course forward Dr. Jose Antonio Campos Perez Spain</p> | | |

11:00 – 11:15 **Coffee Break**

SESSION 2:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|--|--|---|
| <p>Chairs: Dr. G. Prasad Rao India, Prof. Dr. Wajid Ali Akhuzada Pakistan</p> <p>11:15 – 11:45 Future of Psychiatry Prof. Afzal Javed UK</p> | <p>Chairs: Dr. Majid Ali Abidi Pakistan, Dr. E Mohandas India</p> <p>11:15 – 12:15 5-day High Intensity Treatment in Obsessive Compulsive Disorder Dr. Chytanya Deepak Ponangi India, Dr. S. Swetha Reddy India, Dr. Raja Anirudh Yalamanchili India</p> | |
| <p>Chairs: Dr. G. Prasad Rao India</p> <p>11:45 – 12:15 Plenary AFPA symposium Dr. G. Prasad Rao India, Dr. Harischandra Gambheera Sri Lanka, Prof. Dr. Wajid Ali Akhuzada Pakistan</p> | | |

SESSION 2:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|---|---|---|
| <p>Chair: Dr. Nahida Nayaz Ahmed UAE</p> <p>12:15 – 13:15 Visions on future of Psychiatry 2030 Circa Dr. Nahida Nayaz Ahmed UAE, Prof. Afzal Javed UK, Prof. Armen Soghoyan Armenia, Prof. Prasad Rao India, Prof. Gautam Saha India, Prof. Shehan Williams Sri Lanka Prof. Medhat Elsabbahy UAE</p> | <p>Chairs: Dr. Manaswi Gautam India, Dr. Pavan Kumar Kulkarni India</p> <p>12:15 – 12:45 Autism and Schizophrenia Dr. Nawfel Ayad UAE</p> <p>12:45 – 13:15 Psychosocial aspects of childhood illness- Al Ain research experience Prof. Dr. Abdelazim Mohamed Mabrouk UAE</p> | |
| <p>13:15 – 13:45 Lundbeck Symposium (Unaccredited) Functioning and Quality of Life goals with Schizophrenia patient Prof. Pratap Chokka Canada</p> | | |

13:45 – 14:30 Lunch Break | Poster Presentation

SESSION 3:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|---|--|--|
| <p>Chairs: Dr. Deepak Raheja India, Prof. Shehan Williams Sri Lanka</p> <p>14:30 – 15:00 SAARC Symposium Dr. Gautam Saha India, Prof. Shehan Williams Sri Lanka, Prof. Lakshmikant Rathi India</p> | <p>Chair: Dr. Mohamed Gamal Mousa UAE</p> <p>14:30 – 15:00 The neurobiology behind violence and aggression Dr. Bassem Badr UAE</p> | <p>Chair: Dr. Amnah Khameis Almesmari UAE</p> <p>14:30 – 15:00 Manual of SCVET based on existentialism therapy Dr. Nisreen Mohammad Yacoub Saudi Arabia</p> |
| <p>Chairs: Dr. Khalid Mufti Pakistan, Dr. Manaswi Gautam India</p> <p>15:00 – 15:30 ICD11 Relevance and its implication to real world Prof. Muhammad Nasar Sayeed Khan Canada</p> | <p>Chair: Dr. Tamer Metwally Hassanein UAE</p> <p>15:00 – 15:30 Introduction to Geopsychiatry: A new framework for war and peace Prof. Joseph El-Khoury UAE</p> | <p>Chair: Prof. Dr. Vishal Akula India</p> <p>15:00 – 15:30 Management of Inappropriate sexual behaviour in patients with Dementia Dr. Debanjan Benerjee India Dr. Snehasree Neogy India</p> |

SESSION 3:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|---|---|---|
| Chair: Dr. Radwa Said Abdelazim Elfeqi Egypt 15:30 – 16:00 Female Sexuality - Worldwide view Dr. Suman Sathyanarayana Rao India 16:00 – 16:30 Female Sexuality in Middle East - Clinical perspectives Dr. Radwa Said Abdelazim Elfeqi Egypt | Chairs: Dr. Gautam Saha India, Dr. Prasad Rao India 15:30 – 16:30 AFPA Plenary Prof. Andi Jayalangkara Tanra Indonesia | Chairs: Dr. Rajesh Nagpal India, Dr. Debanjan Benerjee India 15:30 – 16:00 Practical Pharmacogenomics for Psychiatry Dr. Bhaskar Mukherjee India 16:00 – 16:30 Plenary ADHD the new visions Prof. Ahsan Nazeer Qatar |

16:30 – 17:00 Coffee Break

SESSION 4:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|--|--|--|
| Chairs: Dr. Roop Sidana India Prof. Shehan Williams Sri Lanka 17:00 – 18:00 Lithium Phobia, Are we forgetting Lithium Prof. Mohan Isaac Australia | Chairs: Dr. Radhakanth Chunduri India, Dr. Sajeewana Chaminda Amarasinghe Sri Lanka 17:00 – 17:30 Importance of Motivational Interviewing in Substance use treatments Dr. Sandeep Kondepi India 17:30 – 18:00 Psychobiotics the role in psychiatry the new wisdom Prof. Parag Suresh Shah India | Chairs: Prof. Dr. Wajid Ali Akhuzada Pakistan, Dr. Abhay Dey India 17:00 – 17:30 Association between Serum C-Reactive Protein and Treatment Response in Depression Dr. Bushra Zahoor India 17:30 – 18:00 Child psychiatry in new India Dr. Khyati Bhavin Mehtalia India |

18:00 – 18:30 Chairs: Prof Gautam Saha | India, Dr. Joseph Guirguis | UAE

Demedicalisation of psychiatry, Is it justified?
Prof. Indira Sharma | India

18:30 **END OF DAY 1**

07:30 – 08:25 Registration

08:25 – 08:30 Welcome Remarks

SESSION 5:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|--|---|--|
| <p>Chairs: Dr. Manaswi Gautam India Dr. Padmakali Kar India</p> <p>08:30 – 09:00 Rehabilitation Psychiatry In India Dr. C Ramasubhramanyam India</p> | <p>Chair: Dr. Nael Mostafa UAE</p> <p>08:30 – 09:00 Scalable health care interventions to improve quality of life, regulate genes expression, and reduce psychopathological symptoms Prof. Farouk Majzoub Lebanon</p> <p>09:00 – 09:30 Resilience, how to develop the concept across all age groups Prof. Charlotte Kamel Bahrain</p> | <p>Chair: Dr. Khyati Bhavin Mehtalia India</p> <p>08:30 – 09:30 SAARC SYMPOSIUM Dr. Gautam Saha India, Dr Sota Kyurugi Japan</p> |
| <p>Chair: Prof. Medhat Elsabbahy UAE</p> <p>09:00 – 09:30 Is depression a cognitive or a mood disorder? Prof. Talaat Matar Tadross UAE</p> | <p>Chair: Dr. Fatema Almansouri UAE</p> <p>09:30 – 10:00 Updates on Psychiatric Genetics, and Psychiatric Genetics Education in Middle Eastern Countries Prof. Mohamed Abdalhameed Alnor UAE</p> | <p>Chair: Dr. S. Swetha Reddy India</p> <p>09:30 – 10:00 Managing aggressive behavior in acute mania Prof. Mohamed Youssef Aly Abuzied Kuwait</p> |
| <p>Chair: Prof. Andi Jayalangkara Tanra Indonesia</p> <p>09:30 – 10:00 Presidential Talk: AFPA New Horizons In Alzheimer's Dr. G. Prasad Rao India</p> | <p>Chair: Dr. Chytanya Deepak Ponangi India</p> <p>10:00 – 10:30 Transforming Mental Health Support: The Afghan Support Program's Tele-Psychiatry Initiative Prof. Dr. Khalid A. Mufti Pakistan</p> | <p>Chair: Dr. C Ramasubhramanyam India</p> <p>10:00 – 10:30 Faith Healing in Iraq – Are They Taking Away Some Roles From Psychiatry Prof. Dr. Maha Sulaiman Younis Iraq</p> |

10:30 – 10:45 **Coffee Break**

SESSION 6:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|---|---|---|
| <p>Chairs: Prof. Shehan Williams Sri Lanka, Dr. Saqib Latif UAE</p> <p>10:45 – 11:45 Symposium IAPP - private mental health and public mental health Dr. Rajesh Sudarshan Nagpal India, Dr. Deepak Raheja India</p> | <p>Chair: Dr. Sherif Hassan Sherif UAE</p> <p>10:45 – 11:15 Recent Advances in management of dementia Prof. Tareq Qassem UAE</p> <p>11:15 – 11:45 The prevalence of body dysmorphic disorder among men in the UAE Dr. Aisha Abubakr Alyassi UAE</p> | <p>Chair: Prof. Afaf Mansour Mahfouz UAE</p> <p>10:45 – 11:15 Old age depression - Newer Realms Dr. Vidya KL India</p> <p>11:15 – 11:45 Depression among adults with diabetes in the UAE Prof. Dr. Mahir Khalil Ibrahim Jallo UAE</p> |
| <p>11:45 - 12:45 SCHIZOPHRENIA CIRCA 2030: GETTING THERE from where we are Prof. Rajiv Tandon USA</p> | <p>Chair: Dr. Salwa Alhosany UAE</p> <p>11:45 - 12:45 CBT for teens: Navigating emotionality for adolescents and their families Prof. Reham Aly Egypt</p> | <p>WORKSHOP:</p> <p>11:45 - 12:45 Emotion regulation, alexithymia and Empathy in Eating Disorders: Therapeutic Implications Prof. Heba Essawy Egypt</p> |

12:45 – 14:00 Lunch Break | Poster Presentation

SESSION 7:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|---|---|---|
| <p>Chair: Dr. Samer Makhoul UAE</p> <p>14:00 – 14:30 Changes in Mental Health Care: advances and limitations Prof. Dr. Johannes Wancata Austria</p> | <p>Chairs: Dr. Phanikanth Kondaparti India</p> <p>14:00 – 14:30 Newer atypicals in psychosis management Dr. Sandeep Grover India</p> | <p>Chair: Prof. Dr. Wajid Ali Akhuzada Pakistan</p> <p>14:00 – 14:30 One city story: The psychological impact of war atrocities on university students in Mosul, Iraq Prof. Dr. Maha Sulaiman Younis Iraq</p> |
| <p>Chairs: Dr. Laith Al Jarrah Jordan Prof. Shehan Williams Sri Lanka</p> <p>14:30 – 15:00 Climate changes impact on mental health Dr. Laith Taye Hasan Aljarrah Jordan, Dr. Alaa Damen Alfrokh</p> | <p>Chair: Dr. Gautam Saha India</p> <p>14:30 – 15:00 Invited Symposium - Satyajit Ray's Apu Trilogy Dr. Gulbahar Singh Sidu India, Dr. Deepali Gul India</p> | <p>Chair: Parag Suresh Shah India</p> <p>14:30 – 14:45 In search of Global Solution for a Common Problem: Stigmatization in Healthcare Dr. Dimitre Tanev Dimitrov UAE</p> <p>14:45 – 15:00 Recalcitrant Hand Lesions: What Lies Beneath? Prof. Dr. Enas Attia Saadeldin Attia UAE</p> |

SESSION 7:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|--|--|--|
| <p>Chairs: Dr. Vasista India Dr. Pavan Kumar India</p> <p>15:00 – 15:30 Interpersonal Issues as a matrix for psychiatric disorders Dr. Radhakanth Chunduri India Dr. Raga Sandhya Gandhi UAE</p> <p>15:30 – 16:00 Anesthesia in E c t an experience of four decades of experience in India Prof. Dr. T.M. Omprakash India</p> | <p>Chairs: Dr. Gautam Saha India Dr. Harischandra Gambheera Sri Lanka</p> <p>15:00 – 16:00 TALK INVITED SPEAKER Psychopharmacological Management of Depression in ELDERLY Prof. Shehan Williams Sri Lanka</p> | <p>Chair: Dr. Dimitre Tanev Dimitrov UAE</p> <p>15:00 – 15:30 Examining Antipsychotic Medications: Assessing Side Effects, Public Perception, and Misinformation through TikTok: An Observational Study Dr. Mohamed Elsadig M. Elhassan M. Elkhair UAE</p> <p>15:30 – 16:00 Self-Reported Sleep and exercise patterns in patients admitted with suicidal attempts: A Cross-Sectional Comparative Study Dr. Manaal Siddiqui Qatar</p> |


16:00 – 16:15 Coffee Break

SESSION 8:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|--|---|--|
| <p>Chair: Dr. Muez Siddiq UAE</p> <p>16:15 – 16:45 The prevalence of psychiatric comorbidities and factors influencing relapses in Alcohol dependence syndrome in males - A Prospective study, India Dr. Sheena G. Soman India</p> <p>16:45 – 17:15 Perception, Attitudes and Challenges related to Substance Use among Students in Higher Education Institutions of Pakistan: A Qualitative Study Prof. Dr. Uzma Ali Pakistan</p> | <p>Chair: Prof. Maha Sulaiman Younus Iraq</p> <p>16:15 – 16:45 Significant Association of conduct disorder in child and adolescent and Parental discord Ms. Amna Tariq Pakistan</p> <p>16:45 – 17:15 Patterns and Correlates of Suicide Proneness among Students with Substance Use at Higher Education Institutions in Pakistan Prof. Dr. Sobia Aftab Pakistan</p> | <p>Chairs: Prof. Mamdouh Mokhtar UAE</p> <p>16:15 – 16:45 اضطراب المسلك عند المراهقين وعلاقته بارتكاب الجرائم Conduct disorder in adolescents and its relationship to committing crimes Dr. Marwa Tawfik Egypt</p> <p>16:45 – 17:15 Online cognitive behavioral group therapy for women with depression disorder Dr. Zahraa Hussain Almousawi Kuwait</p> |

SESSION 8:

| TRACK 1 (Dar El Istiqbal Ground Floor) | TRACK 2 (Meeting Quarter 1 3rd Floor) | TRACK 3 (Meeting Quarter 2 3rd Floor) |
|--|---|---|
| <p>Chair: Dr. Safana Alferdan UAE, Dr. Radhakanth Chunduri India</p> <p>17:15 – 17:35 Overcoming psychological distress: What can we learn from the lives of Sri Krishna, Buddha, and Jesus? Dr. Radhakanth Chunduri India</p> <p>17:35 – 17:55 Understanding the concepts and experiences of family quality time among families in Abu Dhabi Sara Abdulrahman Ahmad Alansaari UAE</p> <p>17:55 – 18:15 A study of sexual dysfunction in females having major depressive disorder Surabhi Sharma India</p> | <p>Chair: Dr. Walid Abdelgalil Abdelaziz Nasr UAE</p> <p>17:15 – 17:35 Psychiatric Aspects of Parkinson's Disease Dr. Walid Abdelgalil Abdelaziz Nasr UAE</p> <p>17:35 – 17:55 The impact of weight loss on anxiety and depression: Insights from a clinical study Dr. Rahat Ghazanfar UAE</p> <p>17:55 – 18:15 Real-world evidence of endoxifen use in mania patients with or without mixed features: a retrospective single centre study Dr. Roop Sidana India</p> | <p>Chair: Dr. Michael Youssef Gerges Youssef Aoud UAE</p> <p>17:15 – 17:35 Relation between personality and internet addiction among university students Dr. Michael Youssef Gerges Youssef Aoud UAE</p> <p>17:35 – 17:55 Assessment of suicide risk, predisposing and protective factors in persons with alcohol use disorder: A cross-sectional study Dr. Riya Gupta India</p> <p>17:55 – 18:15 Compulsive sexual behaviour and relationships addiction as behavioural addictions in women: Case reports Dr. Sheena G. Soman India</p> |
| <p>18:15 – 18:30 CLOSING CEREMONY</p> | | |
| <p>18:30 END OF CONFERENCE</p> | | |

An aerial photograph of a city skyline, likely Dubai, featuring a prominent curved skyscraper and a waterfront area with a marina. The image is overlaid with a semi-transparent blue filter. A large white circle is centered on the page, containing the text 'SPEAKERS' BIOGRAPHY' in a bold, teal, sans-serif font.

SPEAKERS' BIOGRAPHY

SPEAKERS' BIOGRAPHY



Prof. Muhammad Afzal Javed
Past President World Psychiatric Association
Honorary Professor Institute of Applied Health Research
University of Birmingham, UK



Dr. Afzal Javed is a Consultant Psychiatrist & Honorary Professor, Institute of Applied Health Research, University of Birmingham & Honorary Associate Clinical Professor at Warwick Medical School, University of Warwick UK. He is also chairman of Pakistan Psychiatric Research Centre & a Board member of Fountain House Lahore.

He graduated from King Edward Medical College Lahore, Pakistan and received higher specialised training in Psychiatry in Pakistan & UK. He is a fellow of Royal College of Psychiatrist and has also been awarded with Fellowships of Royal Colleges of Physician of Edinburgh & Ireland. He has served the Royal College of Psychiatrists UK as Deputy & Associate Registrar & Chairman of West Midlands Division of the College.

He was elected to the Honorary Fellowship of the College in 2022. This is the highest award of membership of the Royal College of Psychiatrist. His role in international psychiatry is highlighted by his at World Psychiatric Association (WPA) as President from October 2020 to October 2023.

He has also been the Past Presidents of Asian Federation of Psychiatrists Associations (AFPA) from 2017-19 & World Association for Psychosocial Rehabilitation (WAPR) from 2012-15. His areas of special interest are Social and Transcultural Psychiatry, Psychosocial Rehabilitation and Psychiatric Research. His academic skills have been invaluable when publishing more than 195 scientific papers and being author of six books/monographs on different topics of psychiatry. He received one of the highest Civil Award (Sitar - I Imtiaz) by Government of Pakistan in 2023.



Prof. Prasad Rao Gundugurti
President, Asian Federation of Psychiatrists - AFPA
Consultant Psychiatrist
Director, Schizophrenia & Psychopharmacology Division,
Asha Hospital, Hyderabad, India



Dr. awards during his M.B.B.S. training at NIMHANS), Bangalore and Doctor of Medicine training from Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh and won Bronze medal Tirupati. Notable among them are Dr. Chennababu Prize in Forensic Medicine, Chennababu Prize in Pharmacology, Aruna Ramulu Prize in Pharmacology, Dr. S. Pinakapani Gold Medal in Medicine and Best Out Going Student and won many University ranks in many subjects.

He is the Past President G. Prasad Rao had his undergraduate Medical Education at Tirupati S.V. Dr Medical College, Tirupati. He has won many, Indian Psychiatric Society. He is the Imm. Past Secretary General – Education, Asian Federation of Psychiatric Associations (AFPA).

He is the President, Asian Federation of Psychiatric Associations. He has been doing clinical research and has presented his research works at many National and International conferences and he was invited for many International Conferences as Invited Expert Speaker and participated in many conferences. His primary interest is Depressive disorders, Bipolar disorder and Neuro Imaging studies and the understanding of Psychopharmacology evolving new concepts. His interests are also in the adolescent Schizophrenia and Anxiety disorders. He has more than 188 Published articles in the peer reviewed National and International Journals of Psychiatry Psychotherapy.

SPEAKERS' BIOGRAPHY



Prof. Medhat Elsabbahy

President, Local Organizing Committee
Chair, Section on Psychiatric Rehabilitation WPA
Consultant Psychiatrist, Reem Neuroscience Centre
Head of Psychiatric Rehabilitation Division,
Arab Federation of Psychiatrists
Founder of Psychiatric Rehabilitation Unit, Abu Dhabi, UAE



Consultant Psychiatrist in Reem Neuroscience Centre from January 2024 till date. Consultant Psychiatrist in Beautiful Mind Medical Center from November 2021 till December 2023. Founder and head of the Psychiatric Rehabilitation and Community psychiatry department at BSP, SKMC, Abu Dhabi, UAE from 1999 till 2021. Member of the Psychiatric Rehabilitation Association (PRA) International Committee, and member of the Advisory Council of the PRA academy. Serves as the Head of Scientific Sections and head of Psychiatric Rehabilitation Division of the Arab Federation of Psychiatrists. International Fellow of APA (IFAPA), Adjunct Associate Professor of Psychiatry G.M.C. University, ex-Regional Vice President; Eastern Mediterranean Region World Association for Psychosocial Rehabilitation. Trained more than 50 team members to help in initiating three psychiatric rehabilitation units in UAE. Managed to initiate new chapters of WAPR in UAE, Oman and KSA, to activate the Egyptian chapter, and working on initiating chapters in Tunisia, Qatar and Kuwait. Initiated the Psychiatric Rehabilitation Division in the Arab Federation of Psychiatrists since 2010. Organized many regional and international conferences. Conference Director of WAPR international conference 2017 held in Abu Dhabi, UAE. Chair of 14th WAPR World Congress 2021 and 7th International Abu Dhabi conference on Mental Health held in Abu Dhabi, UAE. Nominated for the President Elect elections of WAPR 2022. Co-chair of the WPA thematic congress held in Abu Dhabi May 2023. Chair of the Psychiatric Rehabilitation Section in the World Psychiatric Association. Nominated by the executive board of WPA as an Honorary member of the WPA in Vienna 2023 World Congress of WPA. In December 2023 recognized as Distinguished International Fellow of APA (DIFAPA).



Prof. Gautam Saha

Immediate Past President,
SAARC Psychiatric Federation (SPF)
Director, Clinic Brain Neuropsychiatric Institute &
Research Centre, Kolkata, India



Dr. Gautam Saha is a Founder and Director of CLINIC BRAIN, a Research Institute of Neuro-Psychiatric Institute and Research Centre. He did his MBBS from North Bengal university in the year 1989. He passed MD from the University of Kolkata in the year 1996. He was the past President of the Indian Psychiatric Society (IPS) and SAARC Psychiatric Federation (SPF). At Present he is the President of Indian Association for Geriatric Mental Health (IAGMH). He is a Member of one of the standing committees (PLANNING) of WORLD PSYCHIATRIC ASSOCIATION (APA).

SPEAKERS' BIOGRAPHY

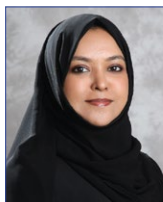


Prof. Shehan Williams
President of SAARC Psychiatric Federation
Professor in Psychiatry
Faculty of Medicine, University of Kelaniya,
Sri Lanka



Dr. Shehan Williams is President of the SAARC Psychiatric Federation. He is a Professor in Psychiatry in the Faculty of Medicine, University of Kelaniya, Sri Lanka. He is a Fellow of the Royal College of Psychiatrists UK and the Sri Lanka College of Psychiatrists. He is a past President of the Sri Lanka College of Psychiatrists. He has a special interest in older adults and dementia. Notably he is the President of Lanka Alzheimer's Foundation, the only charity advocating and providing services exclusively for persons with dementia. He is also the vice patron of NEST, a community based organisation that works with deprived children. He has also been a consultant to the Office of National Unity and Reconciliation under the President of Sri Lanka to help in rebuilding a peaceful and tolerant Sri Lanka between 2011 – 2015. He has collaborated with WHO Sri Lanka on numerous mental health related projects and consultancies.

He is a researcher with more than 80 peer reviewed publications and has won Presidential research awards. He holds many local and international grants and supervises numerous PhD, MD, MPhil candidates in psychiatry and psychology. He is a undergraduate and postgraduate trainer and examiner in psychiatry. He has ongoing collaborations with the University of Oxford, UK, where he had his postgraduate training in research, the University of Toronto, Canada, the Duke University, USA, Edith Cowan University and Macquarie University, Australia.



Dr. Nahida Nayaz Ahmed
Consultant Psychiatrist
Chair of BH Council- SEHA
Chair of MH Taskforce- DOH
Ambulatory Health Services
UAE



Dr. Nahida Nayaz Ahmed is an Emirati Consultant Psychiatrist, currently the Chair of department at Ambulatory Health Services & Chair of Mental Health task force, Department of Health. Her primary focuses are integrating psychiatry in Primary care clinics across Emirate of Abu Dhabi in addition to promoting awareness and rehabilitation programs for Mentally ill patients in the community.

Dr. Ahmed trained at Tufts University-affiliated, St Elizabeth Medical Centre for Residency, and Harvard University-affiliated, Cambridge Health Alliance for Consultation-Liaison Psychiatry Fellowship. Dr. Ahmed has been active in teaching and is an adjunct associate professor at the College of Medicine and Health Sciences, UAE University and Associate Lecturer at Khalifa University. Dr Ahmed has authored and published several research papers nationally and internationally. She is a notable speaker on national and international platforms, an avid reader, travel enthusiast, mother to three exceptional children, and spouse to a distinguished Transplant Nephrologist.

SPEAKERS' BIOGRAPHY



Dr. Samer Makhoul
Consultant Psychiatrist
CEO Reem Neuroscience Centre
Abu Dhabi, UAE

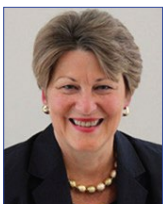


Dr. Samer Makhoul is an experienced UK certified consultant psychiatrist and the chief executive officer of REEM Neuroscience centre and adjunct assistant professor at UAE university. Dr. Makhoul is a Syrian/British who completed his psychiatric training in the UK with double CCT in 2010 in adult psychiatry and substance abuse psychiatry, (after he has obtained the membership of the royal college of psychiatrists (MRCPsych) in 2006).

Dr. Makhoul has complemented his training with a certificate of psychopharmacology from the British association of psychopharmacology as well as a postgraduate certificate (PGcert.) in Autism from Sheffield Hallam University in the UK. He has trained and worked primarily in the NHS in the UK, working as a consultant psychiatrist and helped developing the service in the trust he worked at.

Dr. Makhoul is also involved in assessment of pilots and their mental health: to this end he has been an aviation specialist and been approved by the General Civil Aviation Authority in the UAE as a specialist Aero medical examiner since 2015 and been one of the few approved assessors in the UAE in this area including substance abuse. Dr. Makhoul is HIMS trained aeromedical psychiatrist. Dr. Makhoul has also been involved with the department of Health - Abu Dhabi as part of the Mental health task force.

From the start of his career in the UAE, he has made his ultimate role to raise awareness in the community and the Arab world in general. He conducted multiple awareness campaigns in the community. He has been a regular source for many newspapers, and regular guest in local and national TVs such as Abu Dhabi TV and international TV stations such as Sky News with hundreds of interviews and programmes so far.



Jennifer Gray
Director
Child and Family Training
UK



Jenny Gray OBE has been in children and families social work, management and policy development since 1979. She joined the UK Department of Health in 1991 and led the development of the new inspection methodologies. In 1995, she was appointed as the professional adviser to the British government on safeguarding children, firstly in the Department of Health and then in the Department for Education. Jenny held this post until September 2012. Since that time, she has been a social work consultant, working in policy development, evaluation and training in both the UK and internationally. Jenny is a Children and Family Training Director, UK. In 2007, Jenny Gray was awarded The Order of the British Empire and an Honorary Fellowship of the Royal College of Paediatrics and Child Health. She was President and CEO of the International Society for the Prevention of Child Abuse and Neglect from 2012 – 2014.

SPEAKERS' BIOGRAPHY



Prof. Dr. Johannes Wancata
Psychiatrist, Researcher
Medical Univ. Vienna; Division Social Psychiatry
Austria



Researcher at the Clinical Division for Social Psychiatry of Medical University of Vienna, Professor Emeritus and Past Chair for Social Psychiatry at the Medical University of Vienna (2011-2023), Guest Professor at the Psychiatric Epidemiology Unit at Göteborg University (2003). Main research interests: psychiatry epidemiology, psychiatric rehabilitation, family caregivers. Past Chair of the Section on Psychiatric Rehabilitation of the World Psychiatric Association, Past President of the Austrian Association for Psychiatry, Psychotherapy and Psychosomatic, Past President of the International Federation for Psychiatric Epidemiology. Editor of journals "Social Psychiatry and Psychiatric Epidemiology" and "Neuropsychiatrie".



Prof. Rajiv Tandon
Professor
Homer Stryker Western Michigan School of Medicine
USA



Dr. Rajiv Tandon, MD, is a Professor at the WMED Homer Stryker College of Medicine in Kalamazoo, Michigan. Dr. Tandon has authored more than 400 scientific publications, and given over 1500 national and international scientific presentations. He has received several awards for research and teaching in schizophrenia. He was a member of the DSM-5 workgroup on schizophrenia and related psychotic disorders. He is a past president of the Florida chapter of the National Alliance for Mental Illness and a Past-President of the Florida Psychiatric Society. He has been the editor-in-chief of the Asian Journal of Psychiatry since 2016, over which time its Impact Factor has increased from 1.06 to the current 13.89. His major areas of clinical and research interest are the neuropharmacology of schizophrenia, differences between typical and atypical antipsychotic agents, dimensions of schizophrenic psychopathology, neuroendocrine and polysomnographic abnormalities in schizophrenia, and the evidence-based treatment of schizophrenia and other major mental disorders.



Prof. Ahsan Nazeer
Associate Professor, Psychiatry
Weill Cornell Medicine, NY, USA
Sidra Medicine, Qatar



Dr. Nazeer is board certified in Psychiatry and Child & Adolescent Psychiatry. He has published more than 50 peer review articles and book chapters. He is a co-editor of Behavioral Pediatrics (now in 5th edition), Clinical Aspects of Psychopharmacology in Childhood and Adolescents (now in 2nd edition) and Associate Editor of Journal of Child Health and Human Development. He has written extensively on Autism Spectrum Disorders, Internet Addiction, Substance Use Disorders, ADHD, Schizophrenia and Childhood Anxiety Disorders. His articles have appeared in numerous journals including Pediatric Clinics of North America, The American Journal of Psychiatry, Biological Psychiatry, The Journal of The American Medical Association (JAMA) Adolescent Medicine Clinics and Frontiers in Public Health. He is currently the co-principal investigator on an SIRC grant examining the Neurogenomics model of children with ADHD.

SPEAKERS' BIOGRAPHY



Dr. Dimitre Tanev Dimitrov

Consultant
Department of Dermatology,
Sheikh Khalifa Medical City
Abu Dhabi, UAE



Dr. Dimitre Dimitrov graduated from medical school in his native town Stara Zagora, Bulgaria. His specialty is Dermatology and Venereology which he obtained from the Medical University Sofia, Bulgaria. His early professional development placed him in charge of patients with sexually transmitted diseases, in a specialized Dermato-Venereological Hospital. Following his experience in Bulgaria, Dr. Dimitrov took a position in Libya where he worked in general dermatology. Later, he moved to the United Arab Emirates where he works. Dr. Dimitrov has worked in various fields during his career development: general dermatology, STD, dermato-surgery, phototherapy, and lasers in dermatology. For the last few years, his main interest has been in psycho-cutaneous medicine. He conducted research regarding the Stigmatization experience among patients with psoriasis in the UAE. Dr. Dimitrov has several publications in peer-reviewed medical journals. He is also the author of a book chapter published last year in "Psycho-dermatology in Clinical Practice". Dr. Dimitrov is a member of ESDaP (European Society for Dermatology and Psychiatry), AAD, and EADV, and frequently participates in psycho-dermatological events. He has presented at several international conferences worldwide, more notably in the UAE, the UK, and the USA.



Prof. Abdelazim Mohamed Mabrouk Ali

Consultant pediatrician and
clinical Associate Professor
Mediclinic Al Madar
Al Ain, UAE



Dr. Abdelazim Mohamed Mabrouk is a Consultant Pediatrician and clinical associate professor in Al Ain, United Arab Emirates. His main fields of interests are asthma, general pediatrics, child developmental and behavioral problems, and nutrition, obesity, enuresis, ADHD and school health problems. He used to regularly conducting clinical services in these fields in Al Ain. Also, he actively involved in teaching and examining medical students, interns and residents in the fields of Pediatrics, Psychiatry and Family Medicine. He was awarded the excellence teaching award in the college of Medicine, UAE University and SEHA Abu Dhabi excellence award for best practicing doctors. He regularly presenting in scientific conferences and participated in several researches studying the common childhood behavioral problems, and has many published papers in international journals.



Dr. Nawfel Ayad

Consultant Psychiatrist
Reem Neuroscience Center
Abu Dhabi, UAE



Dr. Nawfel Ayad is consultant psychiatrist at Reem Neuroscience Center. Dr. Nawfel graduated from Babil University, medical college. He worked at Baghdad health Department as medical doctor officer. He worked as ER physician at Al Hayat General Hospital, Amman Jordan. He worked as counselor at Mental health department in Massachusetts in autism spectrum and traumatic brain injuries sections. He finished his residency at University of Missouri Kansas Cit. He works at Center of Behavior medicine, Truman Medical Centers, St. Lukes medical centers and Veteran Affairs Leavenworth medical center. He has couple research in sport psychiatry, trauma psychiatry and brain injuries psychiatry.

SPEAKERS' BIOGRAPHY



Dr. Samaa El Abd
Consultant Neuropsychiatrist
Happiness Clinic, Dubai
Cromwell Hospital, UK



Dr. EL ABD is an Egyptian British Child and Adolescent Consultant Psychiatrist. She has been practicing medicine in the UK since 1985 and in Dubai since 2015. Dr. El Abd practices at the Happiness Clinic in Dubai and at the Cromwell Hospital in London. She had the position of Consultant Child and Adolescent Psychiatrist since 1998 in the UK, where she worked at St George's Hospital London and at the Maudsley Hospital (South London and Maudsley NHS Foundation Trust). Dr El Abd has also worked at the University of Cairo and the University of Zurich. At the South London and Maudsley NHS Foundation Trust, she had a particular responsibility for the management and the running of a community service for neurodevelopmental disorders, including children with Attention Deficit Hyperactivity Disorder (ADHD) and Autism. She has a special interest in the interaction between developmental and behavioral disorders and in psychopharmacology.

Dr. El Abd's main emphasis is in maximizing the potential of children, adolescents and their parents - in particular those with special needs. She obtained the degrees of MSc (ped) and FRCPSych (London) and has completed her CCST (Certificate of Completion of Specialist Training) in London. Dr El Abd has been leading in her role in developing psycho-education groups for parents and teachers and running parenting workshops (empowering parents through implementing positive behavior management strategies to get the best behavior from their children and to help treat their behavior problems). Dr EL Abd has a particular expertise in working with children and their families having disabilities including deafness, autism and learning difficulties and those who are coming from a culturally diverse background. Dr El Abd worked in the National Deaf Child and Adolescent Psychiatry Department at St. George's Hospital Medical school. Dr. El Abd was invited as a visiting consultant from the UK to run clinics and workshops at Al Wasl Hospital in Dubai (Current Latifa Hospital) from 2004 till 2014 and helped set up the department of neuropsychiatry at the hospital with the practicing neurology colleagues. Dr. El Abd combines her clinical / academic skills with day-to-day clinical work. She lectures both Nationally and Internationally at conferences and has published widely. Dr Samaa El Abd has been involved in the teaching and examination of medical students (Undergraduates and Post Graduates), at King's College London and St George's Hospital Medical Schools (University of London). Dr El Abd has a passion for teaching and training professionals from multiple disciplines. Dr. El Abd has a particular interest in teaching and has been an undergraduate and postgraduate teacher, trainer and supervisor of junior doctors. Dr. El Abd is a Director in Child and Family Training (C&FT) which is a not-for-profit organisation that aims to guide professionals help children and families by: promoting children's and young people's health and development, building on children, young people and families' strengths helping children, young people and families overcome difficulties and using evidence-based approaches. Training Guides were developed by C&FT to help practitioners who work with children and families, to support and enhance the quality of their direct work with children and their families where there has been maltreatment. The guides have now been translated into many languages including the Arabic language. Training courses are provided across the UK and abroad for professionals in health, children's social care, child and adolescent mental health, education and independent organisations. Training has been recently undertaken in Oman, Egypt and UAE. Dr. El Abd is a Fellow of the Royal College of Psychiatrists in the UK. Fellowship is awarded by the Royal College of Psychiatrists in the UK as a mark of distinction and recognition of contributions to Psychiatry.

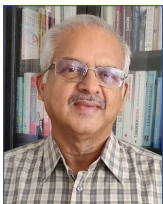
SPEAKERS' BIOGRAPHY



Prof. Heba Ibrahim Abd Elrazek Essawy
Prof of Psychiatry, Head of Eating Disorders clinics,
MD., Psychiatry. Certified Eating Disorders specialist,
USA , Diploma of Psychiatric practice London University UK.
Medical School Ain Shams university
Cairo, Egypt



Heba Essawy MD ,CEDs., clinical Professor of Psychiatry, Ain Shams University Hospital, Cairo, Egypt. She has been the Medical Director of the eating Disorders clinics since 2013, at Institute of Psychiatry. Heba is certified as Eating disorders specialist from the International Association of Eating disorders professionals, USA. Heba is specialist in adult and child and adolescent psychiatry. She is the founder president of the Egyptian Association of Eating Disorders. Heba is a Board Member Of Egyptian medical syndicate since 1990 in Psychiatric and behavioural sciences till now she is a board member in Clinical Nutrition Master Degree Ain Shams University. She has practiced since 24 years, writing, lecturing, supervising and directing general outpatient and Eating Disorders clinics. Her role has expanded treatment services to include pediatric, adolescent, adult and populations. Heba is passionate about empowering and educating parents as well as their children. She is a consultant to Oasis International school, American University in Cairo, National council for childhood and motherhood. She maintains a private practice in psychotherapy and medication management in Cairo. Heba has presented extensively nationally and international conferences as well as provides campus- wide training. She has published in academic journals and the popular media as well as contributing chapters to several books and appeared on a variety of local and national news and radio outlets.



Prof. Mohan Isaac
Clinical Professor of Psychiatry
Fremantle Hospital
Australia



Mohan Isaac is currently Clinical Professor of Psychiatry at the University of Western Australia Medical School, Perth, Australia, and Consultant Psychiatrist, at Fremantle Hospital, Fremantle, Australia. He was formerly Professor and Head of the oldest and largest academic Department of Psychiatry in India at the National Institute of Mental Health and Neurosciences (NIMHANS) in Bangalore. During more than 30 years of his academic and clinical work in India, Mohan was actively involved in the development and implementation of India's National Mental Health Programme (NMHP). Mohan has worked as consultant for various international organizations such as the World Health Organization (WHO) and the Asian Development Bank (ADB). He works also with various health and mental health related non-governmental organizations (NGOs), such as the Medico Pastoral Association (MPA) (www.medicopastoralassociation.com) and Society for Health Awareness Research and Action (SOCHARA) (www.sochara.org) in India.

SPEAKERS' BIOGRAPHY



Prof. Parag Suresh Shah
Professor & Head, Department of Psychiatry
Surat Municipal Institute of Medical Education &
Research, Surat, India



I am a consultant psychiatrist, working as professor & head of department of psychiatry, at a medical school in India. I am an undergraduate & postgraduate teacher in psychiatry for medical students. Along with academic & research work, I practice clinical psychiatry in a tertiary care multispeciality hospital, including out patient, in patient & emergency care. I hold a diplomate of national board & have recently pursued doctor of philosophy in subject of psychiatry. My area of interest includes – gut brain axis, personality disorders & tobacco use disorders.



Dr. Reham Aly
Consultant psychiatrist
Ministry of Health Egypt
Cairo – Egypt



Dr. Reham Aly is an Egyptian Consultant psychiatrist. Was awarded her PhD (MD) degree from Ain Shams University, Egypt in 2011. She is among the 1st Egyptian to be recognized as a CBT diplomate & member to the Beck Academy of Cognitive Therapy, USA. She is member of the Psychotherapy Section, WPA. Dr. Reham is a founding member of the Egyptian Association of CBT (EACBT). She was appointed president to the EACBT from 2013 (date of establishment) till current date 2023. Dr. Aly has presented & represented Egypt in several national, regional & international events. She is a leading educator & trainer of CBT for many regional academic & specialized institutes.



Dr. Deepak Raheja
Senior Psychiatrist,
Director Hope Care India
President IAPP (Delhi Chapter)
Hope Care India, India



Dr. Deepak Raheja, psychiatrist in Delhi, practicing for over two decades carries a rich legacy of psychiatry. He is instrumental in establishing Hope Care India, a state of the art Psychiatric Treatment Centre in Delhi. He also runs Foundation Hope (NGO) and conducts many cooperated training programmes on Mental Health. Recipient of many awards including Indira Gandhi Priyadarshini Award and Bharat Samman Award at the House of Lords, London, UK. Immediate passed Treasurer, IAPP; Immediate Past President DPS. Currently, President IAPP- Delhi Chapter. Advisor to diplomatic missions; Collaborates with media houses like CNN, IBN, NDTV, HT, TOI and others.

SPEAKERS' BIOGRAPHY



Dr. Nisreen Yacoub Muhammad

Associate professor
Psychology Department
King Abdulaziz university
KSA



I'm a licensed practitioner as consultant-psychology from Saudi commission for health specialty. CEO of Nisreen Yacoub Office for psychology consultation under king Abdul Aziz university house expertise. Associated professor at king Abdul Aziz university psychology department.



Prof. Sandeep Grover

Prof of Psychiatry
PGIMER
Chandigarh, India



Area of interest: C L Psychiatry, Geriatric Psychiatry, Severe Mental Disorders, Psychopharmacology

- 923 publications in peer-reviewed journals and 94 book chapters, edited 6 books
- H-index: 69; i10 index- 442 Citations: 21227 citations

Listed in the top 2% researchers by the Stanford University based on the lifetime research output"



Prof. Andi Jayalangkara Tanra

President of Indonesian Psychiatric Association
Mental Hospital Dadi Makassar, Indonesia
Indonesia



Professor At Department of Psychiatry, Hasanuddin University, Makassar, Indonesia.

Ph.D Graduated: Department of Psychiatry, School of Medicine, Hiroshima University, Japan.

Training of Psychiatry: Hasanuddin University Hospital Makassar, Indonesia.

Working at Hasanuddin Univ Hospital, Wahidin and Dadi Mental Hospital in Makassar, Indonesia.

Visiting Professor at Department of Psychiatry, School Medicine, Shimane University, Japan.

Liason Professor in Niigata University, Niigata, Japan

Focus studies : Biological Psychiatry and Psychopharmacology of Mental Disorders (Schizophrenia, Bipolar Disorders and Depression and others.

Organizations : Vice President of Asian college Neuropsychopharmacology (AsCNP)

Vice President of Asian College of Schizophrenia Research (ACSR)

President of Indonesian Association of Biological psychiatry and Psychopharmacology (IABPP)

President of Indonesian Psychiatric Association (IPA)

Board member of Pacific Ring of Clinical Psychiatry (PRCP)

SPEAKERS' BIOGRAPHY



Prof. Dr. Sobia Aftab
Professor of Clinical Psychology
Institute of Clinical Psychology,
University of Karachi
Pakistan



Sobia Aftab, PhD, a Professor at Institute of Clinical Psychology, University of Karachi, completed her Fulbright Post-Doc Fellowship from USA. She is a Practicing Consultant Clinical Psychologist; UNODC Substance Use Prevention Trainer, International Certified Addiction Professional-II; Certified Instructor of Hypnotherapy, NGH, USA; and NLP Trainer, USA.

Besides, she is serving as Assistant Editor and Assistant Book Review Editor for HEC recognized journals while Member Editorial and Advisory Board of National and International Journals. She is also publishing in various journals of National and International repute. She is member of various committees in Higher Education Institutions. Her research focus is mental health, suicide behaviors, substance use pervention in adolescents and emerging adults.

She has been presented "Service Excellence Award" and "Pride of Nation Award" by Young Psychologists Association for her dedicated volunteer services in her field during COVID-19 Pandemic. Moreover, she regularly appears as a Subject Expert on various TV Channels.



Dr. T.M. Omprakash
Consultant Anaesthesiologist
Asha Hospital & L V Prasad Eye Institute
Hyderabad, India



Education:

MBBS-Osmania medical College
D.A-PG diploma in Anesthesiology-Osmania medical College
PGDHHM (IGNOU)M

Specializations: Anesthesia & Hospital Administration

Experience:

- Worked as Anesthesiology for the past 34 years, having given anesthesia for ECT cases numbering more than 1 lakh cases
- Honorary Civil asst surgeon at Institute of Obstetrics/Gynaecology , Afzal gunj , Hyd from June 1987 to dec 1987
- Medical Officer grade II at Hindustan Aeronautics ltd.Hyd from dec 1987 to May 1988
- Civil Asst Surgeon at PHC mogdampally,Medal Dist from May 1988 to April 1991
- Institute of mental health from 1994 to 2017
- Worked as RMO at Institute of mental health ,hyderabad from 1991-2017, in all cadets of AP/TS govts i.e CASNCO,DYCSRMO, CSRMO
- Worked as Consultant anesthesiologist in Iran from july 1991 to March ,2014
- Working at LV Prasad eye Institute ,Hyd as a consultant anesthesiologist from 2013 till now rendering anesthesia services to ophthalmic surgeries from paediatric to geriatric cases both general Anestheia /local Anesthesia.

SPEAKERS' BIOGRAPHY

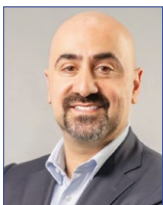


Dr. Rajesh Sudarshan Nagpal

Director
Manobal Klinik
India



M.D. (PGIMER, Chandigarh)
Consultant, Manobal Klinik, A-2, Rajouri Garden, New Delhi.
Trustee, Deva Foundation.
Chairman, Section on Developing Nations, World Psychiatric Association.
Director, Behavior & Neuroscience Academy of India
Asst. Secy. General, Indian Global Psychiatric Initiative
Past President, Indian Association of Private Psychiatry
Past President, Indian Association of Biological Psychiatry
Past President, Society for Bipolar Disorders.



Dr. Joseph El-Khoury

Consultant Psychiatrist/Medical Director
The Valens Clinic,
Dubai, United Arab Emirates



Dr Joseph El Khoury is a Consultant Adult and Addiction Psychiatrist and a Fellow of the Royal College of Psychiatrists. He is the co-founder and medical director of the Valens Clinic, a Dubai based clinic established in 2023. He has held leadership and faculty positions at several institutions, including American Hospital Dubai, the American University of Beirut and the University of Sharjah. He is currently adjunct assistant professor of psychiatry at United Arab Emirates University.

Dr El-Khoury combines international clinical experience with an extensive track record in teaching, research and mental health advocacy. He has co-authored more than 55 peer-reviewed publications and has a special interest in conflict medicine, having obtained an MSc in War and Psychiatry from King's College London. He is the president of the Lebanese Psychiatric Society and the financial officer of the Middle Eastern International division of the Royal College of Psychiatrists.



Dr. Era Catur Prasetya

Head Of International Affair Indonesia Psychiatrist Association
Universitas Muhammadiyah Surabaya /
RS Muhammadiyah Lamongan
Indonesia



My name is Era Catur Prasetya, a 42-year-old psychiatrist with a passion for disaster psychiatry, as well as religion, spirituality, and psychiatry. I am a member of the Type 2 EMT Team at the Crisis Health Center of the Ministry of Health of the Republic of Indonesia, responding to various disasters both locally and internationally. Currently, I practice as a psychiatrist at Muhammadiyah Hospital in Lamongan and teach at Muhammadiyah University in Surabaya. I live with my wife and four children, balancing my work in disaster response with my commitment to my family and community. My dedication to mental health in times of crisis drives me to continue learning and growing in my field, striving to make a positive impact on those in need.

SPEAKERS' BIOGRAPHY



Dr. Laith Taye Hasan Aljarrah
Medical Center Director / Consultant Psychiatrist
King Hussein Medical Center
Jordan



Laith Aljarrah is consultant psychiatrist in Jordanian royal medical services. He holds ranks of lieutenant colonel, military doctor. Laith is chairman of Jordanian psychiatrist scientific committee. Multidisciplinary expertise in different fields in psychiatry for more than 16 years. He speaks Arabic, English and Russian. Co-founder of the Jordanian national team for psychological support and humanitarian support. Laith has been a member of the Russian psychiatrist board since 2012 and the Jordanian board since 2016. Member of the Jordanian health insurance agency. Consultant psychiatrist in the national center of security and crisis management in Amman, Jordan. Consultant psychiatrist in the peacekeeping missions in Africa (Cote d'Ivoire) with the United Nations and in Afghanistan with NATO.



Dr. Walid Abdelgalil Abdelaziz Nasr
Consultant Psychiatrist
Al Amal Psychiatric hospital- EHS
Dubai- UAE



I earned the medical degree from Menoufia Faculty of Medicine in 2002, I pursued further specialization and was honored with a clinical master's degree in Psychiatry and Neurology from Alexandria University in 2011. In 2022, I achieved the Membership of the Royal College of Psychiatrists (MRCPsych) in London, marking a significant milestone in my professional journey. Additionally, I am a member of the International Society of ECT and Neurostimulation. Currently serving as a consultant psychiatrist for mental health in older adults and the lead consultant of the ECT and Neurostimulation department at Al Amal Psychiatric Hospital- Dubai. My clinical interests lie at the intersection of psychiatry and physical health, addressing the complex challenges that arise in managing patients with both psychiatric and physical health issues. Beyond clinical practice, I am actively engaged in medical education, research, and the development of healthcare policies, contributing to the advancement of psychiatric care.



Prof. Talaat Matar Tadross
Professor of Psychiatry
RAK Medical and Health science university
Consultant psychiatrist, RAK hospital
Ras Al Khaimah, UAE



MBChB, Tanta University, 1977

Master Degree in Neuropsychiatry, Cairo University, 1983

M.D. PHD in psychiatry, Cairo University, 1997

Member of the editorial board of World Journal of Psychiatry (the Arabic version)

Member of the editorial board of journal (Arabic and world literature)

Member of the world psychiatric association

Translated three text books: "Cognitive Psychotherapy, Basic and Beyond" (Judith Beck), "The Power of Emotions" (David Sander), "Beck solution for Diet" (Judith Beck)

Author of 2 books: "Thus spoke the Christ" book in philosophy, "Understanding psychiatry for medical students". Has many publications in international and regional journals. More than 200 presentations in different national and international conferences. Participated in the field studies of ICD-10, ICD-11, and DSM-5.

SPEAKERS' BIOGRAPHY



Dr. Chytanya Deepak Ponangi

Consultant Psychiatrist
Asha Hospital
India



Specializations:

- Bipolar and OCD Clinic, Neuromodulation, Metabolic Clinic

Education:

- MBBS,2007,Aarupadai Veedu Medical College & Hospital (AVMC) TAMILNADU
- DPM-2010-SVS MEDICAL COLLEGE Mahaboob Nagar
- MD-2011-2013-NRI Medical college ,Guntur

Experience:

- 2013 -2021 worked as Medical Officer incharge consultant Psychiatrist
- 2013 -2021 worked as Medical Officer incharge consultant Psychiatrist

Registrations:

- Telangana, Tamil nadu

Services:

- Bipolar and OCD
- Neuromodulation



Prof. Dr. Maha Sulaiman Younis

Professor of psychiatry
College of Medicine, University of Baghdad
Iraq



Professor of psychiatry - College of Medicine, University of Baghdad
Consultant Psychiatrist- Medical City Teaching Hospital, Baghdad, Iraq
Member of the Scientific Council of Iraqi and Arab Board of psychiatry

Qualification:

Graduate of College of Medicine- Mosul University- Iraq, (MBCHB)1981.

Fellow of the Iraqi Council for Medical Specializations (Iraqi Board in Psychiatry, F.I.C.M.S. , Baghdad, Iraq, 1992

Fellow of the Arab Board of Psychiatry (C.A.B.P), Arab Council for Medical Specialization, Damascus, Syria, 2000.

Publications: 55 articles in local, Arab, and international scientific journals, and 2 books

Speaker in 58 scientific local and international conferences

32 letters of appreciations from academic and health authorities



Dr. Swetha Reddy S

Consultant Psychiatrist
Asha Hospital
India



Dr. Swetha Reddy. S

Consultant Psychiatrist Asha Hospitals, Banjara Hills, Hyderabad

Program Director High Intensity Treatment for OCD

Co Chair- Women Mental Health subspecialty section of Indian Psychiatric Society

SPEAKERS' BIOGRAPHY



**Dr. Michael Youssef Gerges
Youssef Aoud**

Specialist psychiatrist
National Rehabilitation Center
Abu Dhabi, UAE



Dr. Michael Youssef Aoud Specialist psychiatrist and addiction With more than 15 years experiences in psychiatry medicine and addiction. I'm graduated from faculty of medicine in Egypt with excellent with honor and have been working as a demonstrator in psychiatric department faculty of medicine I finished my master degree of neuropsychiatry and medical doctorate in psychiatry medicine and have been working as lecturer of psychiatry, faculty of medicine, Benha university, Egypt. I moved to UAE and worked as a medical director of first psychiatry clinic in Dubai then I moved to Abu Dhabi and I have been working as a specialist psychiatrist at Al dafra hospitals, SEHA, UAE. Starting psychiatric services in western region Abu Dhabi Currently I am working as a specialist psychiatrist and addiction in NRC, Abu Dhabi for addiction treatment and rehabilitation and initiate internet addiction and gaming disorder treatment services and clinic.



Prof. Enas Attia Saadeldin Attia

Professor / Consultant Dermatology
Ain Shams University/ AHS, SEHA, Abu Dhabi
Egypt/UAE



Dr. Enas Attia is a Professor of Dermatology and Venereology in Faculty of Medicine, Ain Shams University, Cairo, Egypt, and is currently working as Senior Consultant Dermatologist in AHS, Seha, UAE. She has more than 20 years' experience in the field. Professor Enas Attia is an eminent researcher and authored and co-authored numerous scientific publications in reputed international journals and contributed to well-known reference books in the field. She has been serving as a reviewer for many regional and international medical journals as well. Beside clinical practice, research, and reviewing, Professor Enas Attia is contributing to academic lecturing and participation in regional and international scientific meetings and conferences.



Prof. Tareq Qassem

Adjunct Professor of Clinical Psychiatry,
Consultant Psychiatrist
Maudsley Health, Al Amal Hospital
Dubai, UAE



Professor Tareq Qassem, a psychiatrist with over 15 years of experience, is a leader in old age psychiatry. He heads the Mental Health of Older Age Clinical Academic Group at Maudsley Health in Dubai, serves as an Adjunct Professor at Mohammed Bin Rashid University, and is affiliated with the South London and Maudsley NHS Foundation Trust in the UK.

Professor Qassem initiated the first older adults mental health service in the UAE and has published research in prestigious journals. He has held academic positions in the UK, developed educational programs, and designed mental healthcare training programs in the UAE. For his contributions, he has been honoured with a Fellowship of the UK Royal College of Psychiatrists, the UAE Innovates Award for AI-based dementia detection, and the American College for Health Executives Gold Award for Leadership in specialised mental healthcare in 2022.

SPEAKERS' BIOGRAPHY



Dr. Sota Kyuragi
Graduate student
Clinical psychiatrist
Kyushu University, Japan



Dr. Kyuragi graduated from School of Medicine, Kyushu University, Fukuoka, Japan in 2016. After five years of clinical experience, he entered PhD Course in Graduate School of Medical Sciences, Kyushu University in April 2021. He possesses both basic and clinical perspectives and is currently engaged in biological research, including biomarker searches for psychiatric disorders, as well as clinical research, such as studies on prescribing practices.



Prof. Dr. Uzma Ali
Professor/Director
Institute of Clinical Psychology,
University of Karachi
Karachi, Pakistan



Prof. Dr. Uzma Ali, Consultant Clinical Psychologist and also an Editor of two research Journals at Institute of Clinical Psychology. She has supervised several M.Phil/ Ph.D students. She has published more than 60 research papers in national and international Journals. She is an Author of Book "Code, Control and Decision Making". She is a Life time Member of Pakistan Psychological Association (PPA Since 2012) and an International Member of American Psychological Association. She is also a Certified Trainer of Hypnotherapy, (National Guilds of Hypnotists, USA).



Dr. Radhakanth Chunduri
Senior Consultant Psychiatrist
Apollo Hospitals Health City
Visakhapatnam, India



Completed MBBS and MD (Psych) from Andhra Medical College, Visakhapatnam, India. Worked as Professor of Psychiatry at Maharajah's Institute of Medical Sciences, Vizianagaram for more than a decade followed by HOD and Professor of Psychiatry at NRI Institute of Medical Sciences, Visakhapatnam for 5 years. Practicing Psychiatry since 33 years, post MD, currently Consultant Psychiatrist at a corporate hospital, Apollo Hospitals Health City, Visakhapatnam. Conducted Original and innovative research in Computers in Psychiatry (1990), Virtual patients through self created 3D computer graphics animation film on Schizophrenia and Mania (2005), and Innovative techniques for Online Psychotherapy in Indian setting which can be delivered by Psychiatrists (2021 ongoing) etc., published articles in international journals, and author of self help booklets for parents in child psychiatry. An Orator, creative artist (Oils and Acrylics on Canvas - 2 series exhibition), and humanist who ran 2 non-profits, one for Dyslexia and the other for Autism.

SPEAKERS' BIOGRAPHY



Dr. Roop Sidana
Clinical Director
Tekchand Sidana memorial psychiatric hospital
India



Dr. Roop Sidana currently clinical Director of Tek chand sidana Memorial Psyhiatric Hospital & De addiction & Rehabilitaion centre in Sri Ganga Nagar (Rajasthan).

M.D. Psychiatry from PGIMER Chandgarh in 1982.

President, Indian Association of Private Psychiatry, Rajasthan Branch

North Zone Representative to IPS

Formerly EC Coordinator IPS Taskforce on Neuromodulation,

, Awards Committee and Electoral Reforms

Chairman Awards Committee, IPS RAJASTHAN state

Formerly ADVISOR,IPS Taskforce for Covid19 Pandemic and Mental health

Past President IPS Rajasthan State

Past President IPS North zone.

Member National Advisory Board I.A.P.P.

Recipient of Dr.Gehlot Award, Kota Award and Dr.Shiv Gautam Oration Award.

Organised state & North zone Conference and CME, S.

Presented papers in National & International Conferences & Faculty and Chairperson in CME,S.



Manaal Siddiqui
Medical Student
Weill Cornell Medicine
Qatar



Manaal Siddiqui is a final year medical student at Weill Cornell Medicine- Qatar. She is originally from Sindh, Pakistan and grew up in both Karachi and Islamabad before going on to pursue her medical education in Qatar. She is an aspiring psychiatrist and passionate patient advocate. Her interests include sociocultural factors of suicide, stigma of mental health and addiction, as well as medical education and mentoring. She has led several projects locally and internationally to promote stigma awareness as well as investigate the impact of attitudes and perceptions on mental health service utilization in the US and MENA Region. Her work has been published in BMC Psychiatry, Academic Psychiatry, and Cancers.



Dr. Riya Gupta
MD, DNB Psychiatry
LN Medical College and JK Hospital
Bhopal, India



I am Dr. Riya Gupta, holding a degree in MD, DNB Psychiatry hailing from Bhopal, Madhya Pradesh, India. I specialize in de-addiction, child & adolescent as well as geriatric psychiatry. Human brains have always fascinated me. As a psychiatrist my approach towards the patient care involves a good amalgamation of behavioral therapy and medication support.

SPEAKERS' BIOGRAPHY



Ms. Amna Tariq
Clinical psychologist
Aga Khan University and Hospital
Pakistan



Ms. Amna Tariq has trained at King's College Hospital, London. There she worked on a health services and population research project concerning mental health care in low-income countries. Her area of practice includes child and adolescent mental health with a focus on the association of conduct disorder in children and adolescents and parental discord. She has worked as a clinical psychologist with Pakistan State Oil and as a psychometrician for O' and A' level students associated with the British Council, Pakistan. A psychological Assessment is conducted by Child Psychologist Ms. Amna Tariq (MSc, Child, and adolescent mental health at Adolescent mental health by Kings College London, Clinical Psychologist at South City Hospital, Wellness Student Counsellor at Karachi Grammar School). Psychological assessment evaluates a child's strengths and weaknesses across many areas. Determines how a child or teen functions socially, academically, psychologically, and emotionally.

Specializes in Psychosocial Assessment, Cognitive Behaviour Therapy, Psychotherapy & Play Therapy. Attained training from St Thomas Hospital, KCL in neuro psychology, to diagnose neuropsychological problems i.e., Autism, ADHD, ADD. Clinical training from the child and family department of Maudsley Hospital Kings college London. Have done research on National Health Service Psychiatric Child and Adolescent patients on conduct disorder in Child Adolescent & Parental discord.

MBPs (British Psychological Society membership), BA, MSc (Clinical psychology), post-Magistral Diploma (Clinical psychology), Post-graduation (Child & Adolescent mental health) (Kings College, London).



Prof. Charlotte Awad Kamel Awad
Professor of Psychiatry
The Royal college of Surgeons of Ireland
Medical university of Bahrain
Manama, Kingdom of Bahrain



I started my training in 1980 at The University hospitals of Liverpool & London in Guys & St Thomas RC. Obtained diploma of psychiatry from the Royal College of Physicians in 1982. Membership of the Royal College of Psychiatrists in London in 1984. Fellow of the Royal College of Psychiatrists in 1996 .Also received Diploma in Health care Management from The Royal College of Surgeons In Ireland in April 2000. Moved to the Kingdom of Bahrain in 1988 and joined the Ministry of Health as a Consultant Psychiatrist. Participated actively with colleagues in developing mental health services in Bahrain tailored to the British system .

Joined the Arabian Gulf University from 1987 till 2007 . Joined the Royal College of Surgeons of Ireland –Medical University of Bahrain from 2008 as an Professor and head of department of psychiatry till date. Coordinator between Ministry of Health in Bahrain and the Royal College of surgeons in Ireland for organizing and conducting the Diploma of psychological medicine for six years from 1994 till 2000 for training of primary health care doctors in Bahrain to encourage early detection of psychiatric problems in primary care sector in Bahrain.

Chairperson of the organisation committee for several conferences of Psychiatry in Bahrain in association with the Royal College of Psychiatrists , UK , the World Psychiatric Association , Pan Arab congress in psychiatry in 2000 and the Arabian gulf psychiatric association as a subdivision of the World Psychiatric Association.

SPEAKERS' BIOGRAPHY



Sara Abdulrahman Ahmad Alansaari

Research Specialist
Department of Community Development
Abu Dhabi, UAE



Sara Alansaari, Fulbright recipient from the United Arab Emirates (UAE). She earned a Master of Science degree in Human Development and Family Science from Syracuse University. She currently serves as a Research Specialist at the Abu Dhabi Department of Community Development. Sara has contributed as a Research Assistant in several prestigious institutions, including Harvard University, Syracuse University and UAE University, participating in a range of projects that delve into developmental, psychological, and social studies.

Sara's contributions have been recognized with national and international awards, including the Fulbright Foreign Student Program scholarship, the 8th Helmut Remschmidt Research Seminar (HRRS) scholarship organized by the International Association for Child and Adolescent Mental Health and Allied Professions (IACAPAP), the Human Development and Family Science Master's Award for Research Excellence, and the Sheikh Mohammed bin Zayed Scholarship Program organized by the New York University Abu Dhabi.



Dr. Sheena G Soman

Consultant Psychiatrist, Deaddiction Centre in Charge
Mental Health Centre Trivandrum, Kerala
India



Areas of interest: Addiction Medicine, Women Mental Health, Positive Psychology & Life Skills.

Resource person and speaker in national conferences in India and is an active advocate for mental health care and against stigma. Author to several published articles in Impulse control disorders, community mental health and was editor to various publications.

Held key positions in various organisations of the fraternity like Indian Psychiatric Society and in organising conferences. Holds a Diploma in Kathak.



Dr. Vidya K L

Assistant Professor, Geriatric Mental Health
King George's Medical University,
Lucknow, India



Dr. Vidya received the foundations of psychiatry training (DPM) from Central Institute of psychiatry, Ranchi and passed DNB Psychiatry with Gold medal at national level, from Asha hospital Hyderabad, India. Further received super specialty training DM in geriatric mental health from King George's Medical University, Lucknow in 2022 and has been working as Assistant professor in the same department since then.

She has been a recipient of best research paper awards in national biological psychiatry and geriatric mental health conferences in India. In 2022, she received best young scholar fellowship award at World Congress of Asian Psychiatry conference held at Hyderabad. She has authored more than 10 research papers in national and international journals. Her interest areas have been geriatric mental health, OCD, and neuromodulation.

SPEAKERS' BIOGRAPHY



Dr. Surabhi Sharma
Senior Resident (Psychiatry)
Lady Hardinge Medical College,
New Delhi, India



Dr. Surabhi Sharma is a known Psychiatrist from Lady Hardinge Medical College, New Delhi, India. After having completed her MBBS as well as MD (Psychiatry) from Lady Hardinge Medical College, Delhi University, she is working in the same hospital as Senior Resident Psychiatrist since 2021. Her areas of interest include :- De-Addiction, Psychosexual Health, Psychosis, and Anxiety disorder. She has multiple papers to her credit, published in prestigious International/National Journals. Some of these papers are:-

- (a) Psychiatric Aspects of Epilepsy, published in the Journal of Advanced Research in Medical Science & Technology,
- (b) A Cross-Sectional Study of Sexual Dysfunction in Females Having Major Depressive Disorder, published in the International Journal of Mental Health and Psychiatry,
- (c) Psychotic Symptoms in Heroin Withdrawal: A Case Report, published in the Cureus,
- (d) Movement disorder seen in a patient on mirtazapine : a case report, published in the Indian Journal of Applied Research, and
- (e) Sexual Dysfunction in Females with Anxiety Disorder, published in the Indian Journal of Applied Research



Dr. Bushra Zahoor
Assistant Professor
Hamdard Institute of Medical Sciences and Research,
Delhi, India



Dr Bushra Zahoor (MBBS, MD, DNB) is currently working as an Assistant Professor in the Department of Psychiatry. She completed her MBBS from the Hamdard Institute of Medical Sciences and Research, New Delhi. She did her post-graduation (MD Psychiatry) from the Institute of Human Behaviour and Allied Sciences (IHBAS), New Delhi. She also obtained DNB in Psychiatry from National Board of Examinations in June 2021. She is passionate about the upcoming interventions in mental health related services. She believes in providing compassionate service to persons living with mental illnesses and work towards reducing the stigma related to mental illnesses.



Dr. Mohamed Elsadig M. Elhassan M. Elkhair
Psychiatry Resident
Al-Amal Psychiatric Hospital
Dubai, UAE



Currently a first year psychiatry resident at Al-Amal Psychiatric Hospital in Dubai. With an MBBS from the University of Gezira in Sudan, honored with the Dean's Award for his Documentary Film on social accountability in rural development which was premiered in TUFH conference in Australia Darwin 2019. Worked to extend medical support to underserved communities in Sudan, passionate about psychiatry, aspiring to specialize in general adult psychiatry, with particular interest in psychotherapy, Beyond medicine, I express myself through film making and music.

SPEAKERS' BIOGRAPHY



Dr. Zahraa Almousawi
Psychotherapist
Aljadad Psychotherapy center
Alkuwait, Kuwait



Name: Zahraa Almousawi

Date of Birth: 7/1/1975

Nationality : Kuwaiti

Areas of Interest: psychology, psychotherapy, clinical psychology

E-mail: mosawi_75@gmail.com

Educational Qualification:

| Stage | Major | Place of graduation | Date |
|---------------|------------|---------------------|------|
| PHD | Psychology | Lebanon university | 2023 |
| Master degree | psychology | Kuwait university | 2015 |

- owner of Aljadad Psychotherapy center 2023 to now

- psychological researcher in interior ministry in Kuwait 2009 up to 2023.

- psychotherapist in "najahat" privet clinic for mental disorders and addiction 2014 up to 2022.

- Counselor in schools ,welfare institute and psychological institute from1998 -2008 .

- Author and translator from 1998 up to now .

-researcher from 2006 up to now .

-Teaching "self learning skills" in Arab Open University 2009-2010 .

Publication:

Several Publications have been published, among which:

1. Several steps to intimacy ,2005
2. Better life with superior education ,2007.
3. Religion and psychoanalysis ,2009 .
4. Borderline personality disorder due to early maladaptive schemas and attachment styles. (2016)
5. The psychology Of Love, (2018).
7. dad,mom,understand me (2023)



Prof. Mohamed Abdalhameed Alnor
Consultant Psychiatrist,
Associate Prof. of Psychiatry
American center for Psychiatry and Neurology
UAE



Dr. Mohamed Alnor is a Consultant Psychiatrist at ACPN, holds a master's degree in Molecular Medicine, and a clinical MD in Psychiatry from Sudan. In addition to his clinical work, Dr. Alnor has held various academic positions, including serving as the Deputy Psychiatry training program director at the Saudi Commission for Health Specialties in Abha. He has also been a member of the Psychiatry Council, Sudan Medical Specialization Board, and a Professor of Psychiatry at several Sudanese universities. With over a decade of experience, Dr. Alnor has been actively involved in organizations such as the education committee of the International Society of Psychiatry Genetics, the schizophrenia international research society, the Sudanese Association of Psychiatrists, and the World Psychiatric Association. He has researched exome analysis for Sudanese patients with schizophrenia and presented his findings at various international conferences. Dr. Alnor, in collaboration with his colleagues in the education committee of the ISPG, aims to estimate the number of hours devoted to psychiatry genetics in psychiatry training institutes. They also seek to bring the latest developments in psychiatry genetics labs to clinical practitioners, educators, and health managers in psychiatry.

SPEAKERS' BIOGRAPHY



Dr. Suman Sathyannarayana Rao
Assistant Professor, Department of Psychiatry,
BGS Global Institute Of Medical Science, Bengaluru,
Karnataka, India



Dr. Suman S Rao , has completed her MBBS MD Psychiatry, Fellowship in Psychosexual Medicine. Practicing as a consultant psychiatrist and sexologist at several super speciality hospitals at Bangalore. Takes keen interest in academics and is serving as Assistant Professor in Department of Psychiatry at BGS Global Institute Of Medical Science, Bengaluru, Karnataka, India. She has published many articles in state and national journals also authored several book chapters in academic textbooks and special issues. Presented symposiums and free papers at various national conferences. Her area of interest are women's mental health and female sexuality.



Dr. Debanjan Banerjee
Consultant Neuropsychiatrist
Apollo Multispecialty Hospitals,
Kolkata, India



Dr. Debanjan Banerjee has completed his post-graduation in psychiatry and post-doctoral in geriatric psychiatry from the esteemed National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore. Currently he is affiliated with the Apollo Multispecialty Hospitals, Kolkata as a consultant psychiatrist. Dr. Banerjee is the recipient of several awards including the Gold Medal (MBBS), Best Psychotherapy (MD), Gandhi Fellowship Award, ICMR Young Scientist Grant, World Psychiatrist Association (WPA) Early Career Fellowship, etc. He is the Convenor, Early Career Psychiatry Section, SAARC Psychiatric Federation (SPF) and Vice-Chair, Public Advocacy and Awareness Committee, International Psychogeriatric Association (IPA). Dr Debanjan acts as the Deputy Editor-in-Chief, Journal of Psychosexual Health (SAGE) and Associate Editor, Journal of Alzheimer's Disease. He has over 100 peer-reviewed publications in indexed journals to his credit and is a regular columnist for several Indian dailies. Dr. Debanjan's research interests include social psychiatry, stigma, human rights in older persons, end-of-life care and qualitative research.



Dr. Sandeep Kondepi
Consultant Psychiatrist and Deaddiction Specialist
Asha Hospital
India



Dr.Sandeep Kondepi has a remarkable academic and professional background. He is a renowned Psychiatrist and a De-addiction specialist who has made significant contributions to the fields of Mental health and Substance use. He is currently a Consultant Psychiatrist at Asha Hospital and TX Hospitals, Banjara Hills. He is also the In-charge of the Asha De-Addiction Centre, Jubilee Hills, and a part of the Asha Neuromodulation Society. He is the Member Secretary of the Ethics Committee, Asha Hospital. He has completed training in TMS at AIIMS, Delhi. He has completed many courses like Advanced Course in Management of Addictive Disorders, Substance treatment orientation program, Tobacco cessation program, Motivational interviewing form the esteemed institute, NIMHANS, Bangalore.

SPEAKERS' BIOGRAPHY



Dr. Marwa Tawfik

Prof of Psychology
Ain Shams University
Egypt



Dr. Marwa Tawfik prof of psychology

PhD in psychological studies for children ain shams university 2014

Master degree in psychology ain shams university

Member of Association of physiotherapists

10 years' experience in psychological counseling and behavior modification for children and adolescents

Certified trainer in analyzing criminal behavior

She has many researches and publications

1 - Factors of family upbringing and their relationship to the quality of life in united Arab emirates

2 - The effectiveness of psychological Rehabilitation program for a group of children with cancer and its relationship to the quality of life in united arab emirates.

3 - The psychological profile of psychopathy and its relationship to committing terrorist crimes

4 - Autism disorder and puberty problems, symptoms-treatment

5 - Psychological disorders in children

6 - gender identity disorder and its relationship to sexual harassment in children

7 - ADHD disorder, symptoms, treatment and prevention

She has participated in research papers and speaker at many of international conferences

1 - wappr FIRST CONFERENCE IN ABUDAHBI 2017

2 - 6TH Mental health conference 2018

3 - international mental health conference 2019

4 - international mental health conference 2020

5 - international mental health conference 2023

The most important scientific interests:

Designing clinical psychological tests.

Psychological disorders in children and adolescents

Personality disorders

Psychological care for children who suffer from chronic diseases or stay at hospital

Delinquent children and adolescent

Child abuse and family violence

Analyzing criminal behavior from psychological perspective

Sexual disorders

Psychological counseling



Dr. Deepali Gul

Professor of Psychiatry
Punjab Institute of Medical Sciences
India



I am presently working as a Professor of Psychiatry at the Punjab Institute of Medical Sciences, Jalandhar in Punjab(India). I am the President of the Punjab and Chandigarh Unit of the Indian Psychiatric Society and a member of the Executive Committee of the Indian Psychiatric Society – North Zone. I have 10 publications to my name in various International and National Journals and have presented symposia at various conferences at the International as well as National level.

SPEAKERS' BIOGRAPHY



Dr. Harischandra Gambhera
Consultant Psychiatrist
Nawaloka Hospital
Sri Lanka



Present Post

Consultant Psychiatrist- & Visiting lecturer (mass communication)
University of Kelaniya

MBBS 1982, University of Peradeniya, Sri Lanka

MD (Psychiatry) 1997, University of Colombo, Sri Lanka

Master of Arts in Mass Communication, 2012, University of Kelaniya, Sri Lanka

Awards:

Fellow of Sri Lanka College of Psychiatrist- 2007

Honorary Professor in Bioethics -2013, SRM University, India

Honorary Fellow- 2016, World association of social Psychiatry

Other activities:

President Sri Lanka College of Psychiatrists 2006/2008

President SAARC Psychiatric Federation 2009/2011

Chairman Board of study in Psychiatry, PGIM, 2013-2016
University of Colombo

Has written a few chapters to text books,

Written a book- Kinsachcha gaweshi (in search of the truth)

Drafted Mental Health Policy for Sri Lanka 2005-2015

Published several articles in international Journals and

many presentations in many local and International conferences.



Prof. Farouk Mohamad Saada Majzoub
Professor Emeritus
Professor of Clinical Intercultural Psychology
Doctoral School of the Lebanese University,
Lebanon



Prof. Farouk Majzoub is an Emeritus Professor of Clinical Intercultural Psychology at the Higher Institute of the Doctoral School at the Lebanese University, an integrative Psychotherapist, emphasizing Bioenergy, trainer, and supervisor of psychotherapy and of the assessment of children and adults with learning disabilities. He also runs a Private Center for psychological consultations where he trains and supervises psychotherapeutic techniques for individuals and groups.

Prof. Majzoub was a part time lecturer at the American University of Beirut at the Social and Behavioral Sciences Department, lecturing in General Psychology, Abnormal Psychology, and Counseling (1986-1990). He is an international speaker with 40 years of experience, dealing with trauma survivors, and has published scientific articles in French, English, and Arabic. Prof. Majzoub, is a member of the American Psychological Association, of the French Federation of Psychotherapy and Psychoanalysis, and of the European Association for Psychotherapy, holding the European Certificate of Psychotherapy.

SPEAKERS' BIOGRAPHY



Prof. Dr. Mahir Khalil Ibrahim Jallo

Clinical Professor &
Consultant Endocrinologist
Gulf Medical University &
Thumbay University Hospital
UAE



Clinical Professor of Medicine & Senior Consultant, Internal Medicine - Diabetes & Endocrinology in Gulf Medical University – UAE & Faculty in the Canadian Academy of Natural Health & Examiner for the Royal College of Physician MRCP clinical PACES examination. Granted his MB,ChB from Mosul Medical College in IRAQ, his postgraduate Board Certification in Internal Medicine CABM (PhD) from the Arab Board, his Internal Medicine Fellowship from the Royal College of Physicians in Edinburgh FRCP Edin. in UK, his Endocrinology Fellowship from the American College of Endocrinology FACE in USA, his Fellowship from the Royal College of Physicians & Surgeons in Glasgow FRCP Glasg. in UK & certified with Diploma in Dyslipidemia from Boston University School of Medicine in USA. He joined the JCI Accredited Thumbay Hospital – the Academic Health Center of Gulf Medical University in U.A.E in 2004 establishing the Diabetes & Endocrinology care in the hospital & the Endocrinology Module coordinator for MBBS Program till June 2020. From June 2020 he joined the Internal Medicine Center & Center of Endocrinology in Thumbay University Hospital affiliated to Gulf Medical University. He was an Affiliated Faculty in the Department of Medicine, Mosul Medical College & Department of Clinical Pharmacy, Mosul College of Pharmacy – in IRAQ till 2004. In his record active participation & speaker invitation in many National & International conferences & CME programs. Organizer of the annual GMU Diabetes & Endocrinology Conference since 2012. Editor In Chief: Diabetes Digest from Iraq, Editorial Board Member & reviewer for many international Diabetes & Endocrinology journals, with many publications in medical periodicals and medical conferences abstract & Active Principle Investigator in many National & International Clinical studies. Member of many national & international medical societies & associations, AACE, EASD, ISPAD, ESE & European Atherosclerosis Society. Awarded twice A Special Honor & Award in recognition of the exemplary achievements in the field of Internal Medicine & Endocrinology and for the invaluable service to the community. In his record many Professional free & volunteer service to the community.



Prof. Dr. Wajid Ali Akhuzada

Professor of Psychiatry and Behavioral Sciences
Hayatabad Medical Complex Hayatabad Peshawar Pakistan
Pakistan



Head Department of Psychiatry & Behavioral Sciences MTI HMC Peshawar.
Assistant Medical Director (Training) MTI HMC Peshawar.
International Associate Member Royal College of Psychiatrists UK.
International Fellow American Psychiatric Association USA.
Chairman Ethical Committee MTI HMC Peshawar
Chairman Medical Board HMC Peshawar.
President Elect Pakistan Psychiatric Society

SPEAKERS' BIOGRAPHY



Stephen Pizze
Social Work Consultant
Director of Child and Family Training Organisation
United Kingdom

Stephen Pizze is an expert witness in the field of child protection. He is the lead author of the Safeguarding Children Assessment and Analysis Framework.



Prof. Indira Sharma
Emeritus Professor of Psychiatry,
National Academy of Medical Sciences
Former Professor of Psychiatry at Sir Sunderlal Hospital,
Banaras Hindu University,
Uttar Pradesh, India



Qualifications:

MBBS, MD (Psychiatry), MAMS, Dip Yoga, Cert Yoga, MIBRO, PhD (Forensic Medicine), LLB, FAMS , LLM (Constitutional Law)

Current:

Former Professor, Department of Psychiatry, IMS, BHU, Varanasi.
Adviser, Task force on "Patients' Rights", Indian Psychiatric Society (IPS)
Member, Forensic Psychiatry Section, World Psychiatric Association

Former President:

Indian Association for Social Psychiatry (IASP)
Indian Association of Geriatric Mental Health
Indian Psychiatric Society (IPS)
SAARC Psychiatric Association
Indian Association of Child and Adolescent Mental Health
Indian Association of Geriatric Mental Health (IAGMH)
Indian Medical Association-BHU (twice)
IPS-Central Zone (CZ)

Chairperson: Women Mental Health, Forensic Psychiatry, IPS.

Legal Director, "Professional Protection Scheme", IPS

Chair Person CME:

IPS-CZ, IASP, IAGMH

Experience: Teaching and clinical: > 45years

Foreign: Malaysia (University Malaya, Kuala Lumpur): Nepal (BPKIMS, Dharan)

Exoerience Research:

MD thesis; PhD thesis;3 research projects (drug trials)

Guided Thesis: MD/MS/MPM:32; PhD: 8

Organisation: Several events:

ANCIPS-1988

National Colloquium on Depression (Malaysia) 1996.

National Mid-Term CME IPS-1997

International CMEs, Child and Adolescent Psychiatry, I (2003);II(2004);III (2005).

Publications:Publications: 95; Books 2; Chapters 20

Membership of learned bodies: > 15: Including:

Member,International Brain Research organization,
Fellow and Member, National Academy of Medical Sciences,
Fellow World Association for Social Psychiatry

SPEAKERS' BIOGRAPHY



Dr. Gulbahar Singh Sidhu

Consultant Psychiatrist
Doaba Hospital
India



I am presently working as a Consultant Psychiatrist at the Doaba Multi-specialty Hospital in the city of Jalandhar, Punjab, India. I am the Honorary Treasurer of the Indian Psychiatric Society North Zone and the Vice-President cum President(elect) of the Punjab and Chandigarh unit of the Indian Psychiatric Society and have more than 10 publications in International and National Journals.



Dr. Armen Soghoyan

President, Armenian Psychiatric Association
Secretary for Scientific Sections, WPA
Associate Professor, YSMU after M. Heratsi
Yerevan, Armenia



Honorary Fellow Member, World Psychiatric Association (WPA)
President, Armenian Psychiatric Association
Secretary for Scientific Sections, WPA
Associate Professor, YSMU after M. Heratsi
Immediate Past President, Armenian Medical Association
Head, Psychosocial Recovery Centre
Editor in Chief "Armenian Journal of Mental Health"

Education:

1993 – Diploma General Medicine, YSMU

1995 - Clinical Residency of the Department of Psychiatry and Medical Psychology, YSMU

Work history:

2003-2009 - Head, Department of Healthcare and Social Affairs, Yerevan Municipality

2004-presence - Associate Professor, Department of Psychiatry, YSMU

2009-2011 - Deputy Director, Psychiatric Medical Center

2011-2013 - Head, Licensing Agency, MoH

2015-2019 - Head, Agency for Medical and Social Expertise

2016-WHO Expert, for elaboration of the National Mental Health Program of Kyrgyzstan

2015-presence Head, Psychosocial Recovery Center



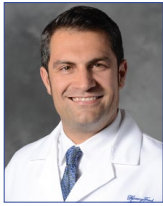
Dr. Raga Sandhya Gandhi

Specialist Psychiatrist
Zulekha Hospital
Dubai, UAE



Snehasree Neogy is a clinical psychologist who is currently working as at Apollo Multispeciality Hospitals as a clinical psychologist and hold a research associate position at The Institute of Neurosciences Kolkata. Her interest areas lie in Child and Adolescent Psychiatry and Dementia. Beyond her clinical practice, she is passionate about sharing knowledge and have conducted workshops for various institutions, aiming to enhance mental health awareness. Her commitment to public education extends to television and public appearances, forums, and private sessions, where she advocates for mental health importance and accessibility.

SPEAKERS' BIOGRAPHY



Prof. Brian K. Ahmedani
Director / Senior Scientist
Henry Ford Health
USA



Dr. Brian Ahmedani received his PhD from Michigan State University (MSU). He is an administrator, licensed clinician, and senior scientist. He serves as Director of the Center for Health Policy and Health Services Research and Director of Research in Behavioral Health Services at Henry Ford Health in Detroit, Michigan USA. Dr. Ahmedani's expertise is in suicide prevention research and care. He currently serves as the research principal investigator on several large US federal grants, including a NIH P50 Suicide Prevention Center and a U01 award evaluating implementation of the Zero Suicide Model across US health systems. He is project director for a SAMHSA Zero Suicide Grant implementing an evidence-based suicide prevention care pathway in emergency medicine and has published nearly 200 manuscripts in his career. He is Director for Zero Suicide International, and has served in many suicide prevention leadership roles, globally.



Dr. Bassem Badr
Consultant Psychiatrist, Head of Psychiatry Department
Mediclinic Dubai mall and Mediclinic Parkview
Dubai, UAE



Dr. Bassem is a distinguished Consultant Psychiatrist with 28 years' experience. Born and raised in Egypt, he completed his medical studies by earning bachelor degree at faculty of medicine Alexandria university, then finished masters of Neuropsychiatry and later obtained a certificate of qualification in addiction Psychiatry from Egyptian ministry of health , in addition to being awarded the Diploma in Mental health and hospital administration. In 2007 Dr Bassem was granted his MD degree in psychiatry from the University of Suez Canal Egypt. He is a recognized expert in the field of adult psychiatry having an active clinical practice with seriously mentally ill patients in public and private inpatient and outpatient settings. He has lectured widely since 2005, giving more than a hundred presentations throughout the UAE., Egypt, Kuwait, and Europe. He created an integrated treatment program for substance disorder and dual diagnosis patients, in Police Department hospitals. He is committed to advancing the psychiatric practice through participating in medical research in addition to serving as a professor of psychiatry in the Educational Public Authority institutes in Egypt and as a clinical tutor and lecturer in faculty of medicine, Kuwait University. Dr Badr is a certified aviation psychiatry consultant in the UAE. He believes in approaching psychiatry through the integration of Mind, Body, and Soul.



Dr. Snehasree Neogy
Clinical Psychologist
Apollo Multispecialty Hospitals Kolkata
India



Snehasree Neogy is a clinical psychologist who is currently working as at Apollo Multispecialty Hospitals as a clinical psychologist and hold a research associate position at The Institute of Neurosciences Kolkata. Her interest areas lie in Child and Adolescent Psychiatry and Dementia. Beyond her clinical practice, she is passionate about sharing knowledge and have conducted workshops for various institutions, aiming to enhance mental health awareness. Her commitment to public education extends to television and public appearances, forums, and private sessions, where she advocates for mental health importance and accessibility.

SPEAKERS' BIOGRAPHY



Dr. Laxmikant Gowardhandasji Rathi
President, Indian Psychiatric Society
Gowardhan Hospital, Ambapeth Near Rajkamal Bridge,
Amravati, India



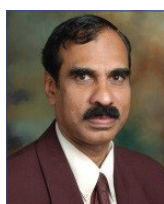
Dr. Laxmikant Rathi is consulting psychiatrist. He is practicing as a consulting psychiatrist . since last 42 years at Amravati in his private nursing home “Govardhan Hospital”. He is at present President of Indian Psychiatrist Society. He has written lot of articles in print media on various psychological disorders to increase mental health awareness. He has also published few papers and written article on depression in some books. He has been recently nominated as member of Constitution Committee of South Asian Association for Regional Cooperation (SAARC) as well as executive member of SAARC.



Dr. Mohamed Youssef Aly Abuzied
Professor of Psychiatry Faculty of Medicine
Ain Shams University
Kuwait Centre for Mental Health
Kuwait



Dr Mohamed Abuzied is a professor of psychiatry Ain Shams University and currently a Consultant Adult Psychiatrist in Kuwait Center for Mental Health and clinical tutor and lecturer in the faculty of medicine Kuwait university. He received master degree in neuropsychiatry in 1991(Ain Shams University) and diploma in psychiatric clinical practice in 1994 (London University) , then he was granted MD degree in psychiatry 1995 (Ain Shams University). He has extensive research in the field of neuropsychiatric disorders, panic and OCD . He regularly provides keynote addresses, workshops, seminars, and webinars on CBT. He authors and edits books and treatment manuals on the topics of OCD & panic disorder also he organized team trainings and wrote curriculum materials for psychiatric best practices.



Dr. T.S. Sathyanarayana Rao
Professor Emeritus & Chief Coordinator in
Psychosexual Medicine
JSS Academy of Higher Education and Research
Mysore, India



Dr. Sathyanarayana Rao T.S, MD, DPM, PhD Professor Emeritus & Chief Coordinator of Psychosexual Health, Dept. of Psychiatry, JSS Medical College, JSSAHER, Mysore. He was Former Editor of Indian Journal of Psychiatry for 12 years & Hon. General Secretary of Indian Psychiatric Society. He is Editor of Journal of Psychosexual Health (SAGE), Past President IAGMH, President Elect SASSM, Affiliated to International Societies for Sexual Medicine (ISSM) & Co-Chair Psychiatry & Human Sexuality Section of WPA. He has 354 Indexed publications, 26 books and book chapters, 24 Awards & orations including DLN Murthi Rao & Marfatia. He has been associated as Chief Advisor or Editorial Board of more than 7 major psychiatric journals from India & abroad. He has Organized 15 major IPS State, Zonal, National & International conferences. He has initiated one & only Fellowship in Psychosexual Medicine and Diploma in Psychosexual Health programmes in India given through the University.

SPEAKERS' BIOGRAPHY



Dr. Khyati Bhavin Mehtalia
Founder and Consultant Psychiatrist
Sakhi Women's Mental Health and
Child Guidance Clinic
India



I am working as a consultant psychiatrist from last 20 years in Ahmedabad, India. I have been awarded "Young Psychiatrist Award", "BPSSJ Best paper award" by Indian Psychiatric Society, and many others at state and zonal level. I have done a lot of community work in psychosocial rehabilitation of earthquake as well as riots victims. Our team has conducted several teacher training programmes in Kutchchh for indentifying mentally disturbed children after earthquake. Moreover we have worked with many NGOs for identifying post traumatic stress disorders and other mental problems among riot victims and supporting them psychologically. I have also given many talks on mental health awareness in varied audiences, exam fear among students as well as parents, coping among adolescent girls as to sexuality, peer pressure, etc women's mental health issues, social phobia awareness among highschool students, HIV/AIDS awareness among highschool students, handling toddler tantrums among parents, etc. I also have been a faculty in training magistrates and judges of juvenile courts as regards psychological issues.



Dr. Aisha Abubakr Alyassi
Medical intern
University of Sharjah
UAE



My name is Aisha Alyassi. I recently graduated from the university of Sharjah with a degree is medicine (MBBS). I am A Dedicated, Passionate medical graduate, a versatile professional, I have diverse experience across Cardiology, Neurology, Internal medicine specialties, Accident and Emergency, General surgery, ICU, Pediatrics and Obstetrics and Gynecology placements. Adept at carrying out patient testing and care across multidisciplinary healthcare environments. Calm and focused under pressure as demonstrated through A&E Triage placement. I have deep interest in working in research articles and case reports. I have done many research projects so far, and this did not only help me in my analytical skills but also deepened my understanding in different complex medical concepts.



Prof. Khalid Attaullah Mufti
CEO Ibadat Hospital
Ibadat Hospital Peshawar
Pakistan



Fellow of The Royal College of Psychiatrist
Retired Dean Khyber Medical College Peshawar
Former Principal Khyber Medical College Peshawar
Former Zonel Rep World Psychiatric Association
Chairman Horizan NGO (Mental health welfare Peshawar)
Author of more than 50+ Scientific Publications
Skilled in the Management of Disaster Mental Health

SPEAKERS' BIOGRAPHY



Prof. Pratap Rao Chokka

Founder
The Chokka Center
Canada



Prof. Pratap Chokka is the Medical Director of the Center of integrative health. He is a fully qualified and licensed psychiatrist in the province of Alberta and a Fellow of the Royal College of Physicians and Surgeons of Canada. He is currently Clinical Professor of Psychiatry at the University of Alberta and an attending psychiatrist and consultant at the Grey Nuns Hospital, Edmonton, Alberta.

Prof Chokka has been a licensed practitioner of medicine in the province of Alberta since January 1993, and a specialist psychiatrist since July 1995. His main areas of interest in psychiatry include mood and anxiety disorders, specifically bipolar disorder, ADHD, and reproductive psychiatry.

In addition to being a clinician, Prof Chokka has been involved in clinical research for 25 years and have widely published in and peer reviewed for medical journals. He was Examiner for the royal for 7 years. He has sat on various provincial and national committees such as the Canadian Anxiety Committee Guidelines. Prof Chokka is currently Chairman of the Canadian working committee for recommendations of treating depression and comorbid disorders in the workplace.



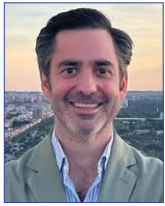
Dr. Fatima Ali Mazahir

Board-certified Pediatrician and Lactation Consultant
Al Jalila Children's Specialty Hospital-Dubai Health
UAE



Dr. Fatima Ali Mazahir is a dedicated Pediatric Consultant at Al Jalila Children's Hospital, where she passionately cares for young patients and their families. As an Arab board-certified pediatrician and a member of the Royal College of Pediatrics and Child health, UK, Dr. Mazahir demonstrates her commitment to excellence in pediatric medicine. Her pursuit of expanding her understanding of population and environmental health and its impact on children, led her to embark on a journey towards a master's in public health from the prestigious Imperial College London, UK. In addition to her clinical role, Dr. Mazahir is an Adjunct Clinical Faculty member at Mohammad Bin Rashid University of Health Sciences and University of Sharjah, where she contributes to the education and mentorship of aspiring healthcare professionals. Dr. Fatima has various publications in peer-reviewed journals and have presented at multiple regional and international conferences.

SPEAKERS' BIOGRAPHY



Dr. Jose Antonio Campos Perez

Consultant Psychiatrist
University Hospital Complex of Vigo
Spain



ACADEMIC BACKGROUND

Bachelor of Medicine and Surgery: University of Alcalá de Henares (2003).

Specialist in Psychiatry: Training completed from 2004 to 2008 at the General Hospital of Segovia.

Postgraduate Studies:

Doctoral courses in the Department of Psychiatry at the Autonomous University of Madrid during the academic years 2005-2007 (20 credits).

CLINICAL PRACTICE

Professional experience as a specialist:

Consultant Psychiatrist (F.E.A.) in the University Hospital Complex of Vigo "Álvaro Cunqueiro" in the Acute Hospitalization Unit (Vigo Health Area). SEGAS. Period from June 2021. Permanent.

Consultant Psychiatrist (F.E.A.) in the Acute Hospitalization Unit (Agudos) at the University Hospital Complex of Ourense CHUOU. SERGAS. Period from August 1, 2008, to June 2021.

Adjunct Psychiatrist in the Acute Hospitalization Unit and Dual Pathology Unit at Nuestra Señora de la Paz Hospital. Period from June 2008 to August 2008.

CONTINUING EDUCATION COURSES

1. Doctoral Courses: 2005-2007. Doctoral courses completed at the Autonoma University of Madrid, earning 20 credits.

2. Doctoral Thesis: "Efficacy of Conversational Agents Based on Cognitive-Behavioral Therapy in Combination with Esketamine for the Treatment of Resistant Depression. Clinical and Proteomic Study."

Acronym: EKICHAT. Institution: University of Vigo. Status: Finalizing

3. Other Postgraduate Courses:

1. Master's in Psychotherapy: Integrative Perspective:

1. 2004/05: First-level Own Title of Specialization in Psychotherapy: Integrative Perspective. 20 credits/200 hours. University of Alcalá de Henares, Madrid.

2. 2005/06: Second-level Own Title of Specialization in Psychotherapy: Integrative Perspective. 20 credits/200 hours. University of Alcalá de Henares, Madrid.

3. 2006/07: Completion of the third course and passing the aptitude test, leading to the title of Master's in Psychotherapy: Integrative Perspective. 15 credits/150 hours. University of Alcalá de Henares, Madrid.

2. Specialist Title in Forensic Psychiatry: 2007/2008 Course. Organized by the General Foundation of UNED. Madrid. 30 credits/300 hours.

3. Expert in Mental Health Emergencies from the University of Alcalá de Henares. Madrid. 2007/2008 Course. 25 credits/250 hours.

SPEAKERS' BIOGRAPHY



Dr. E. Mohandas
Consultant Psychiatrist,
Sun Medical & Research Centre, Trichur, Kerala;
Director & Prof. International Institute of
Organizational Psychological Medicine
Kerala, India

Current Position: Consultant Psychiatrist, Sun Medical & Research Centre, Trichur, Kerala; Director & Prof. International Institute of Organizational Psychological Medicine; Indian Chair, Training & Skills, International Chair in Bioethics.

Previous Engagements : WPA-Zonal Representative-Zone 16;Chair,WPA Section on Psychiatry in Developing Countries;Chair, Indian Association of Biological Psychiatry;President-Indian Psychiatric Society, Indian Association of Private Psychiatry, Society for Bipolar Disorders, India;Editor-Indian Journal of Psychological Medicine, Psychiatry Management Update, Kerala Journal of Psychiatry;Chair, South Asia Forum International; Former Member-WPA-Ethics Committee, Evidence Based Psychopharmacology Section, Scientific Committee, Nomination committee

>1500 presentations ;> 100 publications ;> 40 Awards including 5 International Awards; Edited 5 Books

Faculty at National & International Conferences



Prof. Muhammad Nasar Sayeed Khan
Professor of Psychiatry
Queens University,
Kingston, Canada

I have been involved with the Teaching and training of psychiatry and the behavioural Sciences to the undergraduate students of MBBS, BDS, M.Phil, MSc, Postgraduate trainees and paramedical staff. Clinical experience of more than 31 years of experience in psychiatry, education, research and administration. I provide training for early identification, initial diagnoses and management of patients to the Mental Health Professionals. Trained more than 60 Postgraduate Students in Psychiatry, more than 3000 allied professionals in mental health and hundreds of psychologist. Regional Vice President World Association of Psychosocial rehabilitation and member World Psychiatric Association section on undergraduate teaching, Developmental Disabilities and Dual Diagnosis. Also Member Award Committee Senate of Queens University. President Pakistan Psychiatric Society 2018-2020. Professor (Retd) Head Department of Mental health, Behavioral Sciences & Psychiatry, Services Institute of Medical Sciences and Visiting Consultant at Services hospital, Jail road, Lahore, Pakistan. Secretary Pakistan World Association of Psychosocial Rehabilitation (WAPR Pakistan Chapter). Overseas Editor International Journal of Mental Health (Biomed central) and nine peer reviewed major journal of psychiatry. Publications More than 100 publications in the international and peer reviewed journals.

SPEAKERS' BIOGRAPHY



Dr. Raja Anirudh Yalamanchili
Board of Director
Venkateshwara Institute of Psychiatry
India



Dr. Yalamanchili Raja Anirudh an accomplished Psychiatrist based out of Guntur, India. With over an years of experience in the field, I specialize in treating a wide range of mental health issues, including anxiety, depression, schizophrenia . I had completed my medical degree at NRI Medical college in India, followed by specialized training in Psychiatry. I am known for my compassionate approach to patient care, focusing on holistic treatment, plans tailored to each individual's unique needs. I am also actively involved in mental health advocacy efforts. Through my clinical work, research endeavors and dedication to raising awareness, I continuously make a profound impact on the lives of patients and in the field of Psychiatry in India.



Dr. Radwa Said Abdelazim Elfeqi
Psychiatry Consultant and creative arts therapist
Cairo University- Faculty of Medicine
Egypt



Dr. Radwa Said Abdelazim Elfeqi, M.SC, MD, FECSM, CAGS and PhD courses
WPA section on Psychiatry and human sexuality Chair
Psychiatry Consultant and creative arts therapist at Cairo University- Faculty of Medicine
Lecturer of Psychiatry - Delta University
Over 80 publications
150 symposia
40 interactive workshops
Speaks six languages fluently
Media presenter on Sexual Health 2000 - till present including running my own TV show
Collaborated with www.love matters.com



Dr. Bhaskar Mukherjee
Senior Consultant and Academic Tutor
Neuron Complete Brain Clinic/
ILS Group of Hospitals
India



I'm a lifelong student of the wonderful organ named brain and I try to teach students of mine about brain only. I work in molecular genetics, molecular neuroscience and molecular psychiatry along with molecular psychopharmacology. After MD in psychiatry, I've had formal and non formal training in various areas of molecular genetics and molecular neuroscience. I have been a resource person and faculty in few hundreds of seminars, CMEs and workshops on various topics of clinical genetics, psychiatric genetics and genetics of chronic noncommunicable diseases of brain. I'm a staunch advocate of abolishing the artificial divisions between neurology and psychiatry and I would love to see the two incomplete halves of brain's medical sciences unite and form a single subject of brain sciences. I hope my lifelong work does help the incomplete halves to become whole.

SPEAKERS' BIOGRAPHY



Dr. Rahat Ghazanfar
Preventive Medicine Consultant
Cleveland Clinic
Abu Dhabi, UAE



Rahat Ghazanfar is a Family medicine consultant working at Cleveland clinic Abu Dhabi, UAE. She is an Assistant Professor. She is leading the lifestyle medicine program at Cleveland Clinic. She is a dedicated and compassionate Lifestyle Medicine Expert with a passion for empowering patients to achieve optimal health through weight management and lifestyle modifications. With a strong background in family medicine, Dr Ghazanfar combines clinical expertise with a genuine commitment to improving patient outcomes. Driven by a deep interest in preventive medicine, Dr Ghazanfar focuses on implementing evidence-based strategies for weight management, emphasizing personalized lifestyle changes tailored to individual patient needs. With a patient-centered approach, she fosters a supportive environment where patients are encouraged to make sustainable lifestyle changes, promoting long-term health and well-being.

Dr. Ghazanfar is dedicated to staying current with the latest research and advancements in the field of weight management and lifestyle medicine. By integrating this knowledge into practice, she strives to inspire and guide patients towards healthier living, addressing not only their immediate concerns but also cultivating habits that lead to lasting improvements in their overall health.



Dr. C. Ramasubramanian
Vice- President – Southeast Asia Region - WAPR
State Nodal Officer
Police Wellbeing Programme
Tamilnadu, India



Dr. C. Ramasubramanian, M.D., D.P.M., Ph.D., known as Dr. C.R.S., is a distinguished psychiatrist with 40 years of experience, Founded the MS Chellamuthu Trust and Research Foundation in 1992. It is the largest NGO in South India, working in the field of psychosocial rehabilitation, catering to the mental health needs of the underprivileged population of this region. I am the past president of the World Association of Psychosocial Rehabilitation (WAPR) – Indian chapter, and now I am acting as the Vice President of WAPR South-East Asia. I have been a State Nodal Officer for the Police Well-being Programme in Tamil Nadu, India through which we conduct stress management programs for one and a half lakh (150,000) police personnel and three and a half lakh family members (350,000) of police personnel. My efforts in de-addiction and community psychiatry have earned me numerous accolades, including the State's Best Doctor Award (1999, 2018), Abdul Kalam Seva Ratna Award (2015), and Lifetime Achievement Award from the Indian Psychiatric Society (2021). Under my leadership, my trust has received District, State, and Nation's Best Institution Awards for empowering persons with disabilities. My dedication continues to improve mental health services in India.

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